

CURRICULUM VITAE
OF

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Current Designation and Employment History

1. **Assistant Professor:** Department of Epidemiology and Public Health, **Central University of Tamilnadu**, Thiruvavur 610101, Tamilnadu. 19 June 2017 onwards. Profile includes teaching, research and other administrative responsibilities as delegated.
2. **Assistant Professor :** Department of Social Work, School of Social Sciences, **Mizoram University (A central University)**, Aizawl 796004, India. From 15 May 2013 till date. Profile includes teaching (social work papers at Master level and methodology papers at MPhil level), M Phil and PhD research supervision and other administrative responsibilities as delegated.
3. **Research Associate: Centre for Labour and Development, Haus Khas , NewDelhi.** 15 May 2012 till 14 May 2013 (One year). The job profile included independent handling of a research project and mobilization of wage laborers in the cloth industry. The research specifically focused on wage issues, health problems and job security aspects. The project was completed on time where research report was submitted to the Labour Commissioner and 850 workers were mobilized across different factory outlets.
4. **Research Assistant:** Department of Social Work , **Rajagiri College of Social Sciences**, Kochi, Kerala. July 2005-June 2006 (one year). The two research projects were on- adopted children and sexuality of adolescence. The responsibilities included data collection, data entry, analysis and preliminary report development.
5. **Research Assistant: Datamation Consultants Pvt. Ltd.** Kochi, Kerala. January 2005- June 2005 (six months). Part of the SEE-IV (Sustainability Evaluation Exercise IV) of Jalanidhi. The field research was carried out in Thrissur and Palakkad districts of Kerala. The responsibilities included data collection, data entry, analysis and preliminary report development.

6. **Volunteer:** Documentation Unit, Rajagiri out REACH Service Society, Kochi, Kerala. June 2003- July 2004 (one year). The responsibilities include development of annual reports, field level mobilization of stakeholders and training of anganwadi workers.

Education and Training

1. **PhD in Public Health**, School of Social Sciences, Jawaharlal Nehru University, New Delhi. The degree was awarded on 31 Jan 2014. Thesis titled “Dignity of Women in Institutional Child Birth: A Study of Public and Private Hospitals in Kerala”. The research largely relying upon a qualitative paradigm studied about women’s birthing experiences in hospitals in Kerala. Theoretical framework of human dignity guided the work; and the heterogeneity across class, religion and caste were explored.
2. **M Phil (Pre Doctoral Degree) in Public Health**, School of Social Sciences, Jawaharlal Nehru University, New Delhi. The Degree was awarded on 15 Feb 2009. Dissertation titled “Indigenous Systems of Medicine and State Interaction during Post Independence Period: A Critical Analysis”. The research specifically focused on the state policies and programmes related to indigenous systems of medicine during post-independence period and identified how and why these medical systems were marginalised. SGPA 7.08/9, which was highest in the programme for the year.
3. **MSW (Master of Social Work)**, Rajagiri College of Social Sciences, Kalamassery, Mahatma Gandhi University, Kerala (2002-2004), 71.6%, (2366/3300). Second Rank at the University Level.
4. **B.Sc. Chemistry**, Sacred Heart College, Thevara, Mahatma Gandhi University, Kerala (1999-2002), 82.6% (826/1000)
5. **PDC**, Cochin College, Kochi, Mahatma Gandhi University, Kerala, (1997-1999). 64% (320/500)

Professional Development Programmes

1. International Summer School Programme on Contextualising Social Determinants of Health, Supported by DAAD and Bielefeld University and JNU 2012.
2. Orientation Programme for Faculty – Sponsored by UGC and conducted by Academic Staff College, Mizoram University, Aizawl. March 2014.
3. Refresher Programme for Faculty –Sponsored by UGC and conducted by Academic Staff College, Lucknow University, Lucknow. December 2016

Areas of Specialisation and Research Interest

- ✓ Women's Health
- ✓ Adolescent Health
- ✓ Mental health
- ✓ Qualitative Research Methodology

Published Works

1. Kumar, A. Nayar KR, Shaffi M, Grace C, **Bhat Lekha** (2017) Happy days are “Not” Here! , Economic and Political Weekly, Vol LII No 19, May 13 2017, 24-27.
2. Grace C, Nayar KR, **Bhat Lekha** , Kumar A, Babu R, Shaffi M. (2016) The “Spittoon Syndrome”. How effective will be Anti-Spitting Initiatives in India, Economic and Political Weekly, Vol51, Issue 26-27, 25 June 2016.
3. **Bhat Lekha**, Nayar KR, Moosan H, Nair S, Shaffi M(2015) Hand Wash and Public Health, Economic and Political Weekly, Vol, 50, Issue No 48, Nov 28, 2015.
4. Nayar KR, **Bhat Lekha** Social Determinants of Maternal and Child Health in India: Macro-Micro Disjunctions’ in Maternal Health in India Contemporary Issues and Challenges, Ed. Mohamad Akram, Rawat Publishers, 2014.
5. **Bhat Lekha** (2014) Ethical Issues in Health Care Practice: Reflections from Private Hospitals, Kerala , India, Social Work Journal, Volume 5, No 1, June 2014.
6. **Bhat Lekha** (2015) Community based Water Projects, Withering Justice and Environment Protection: A Case study from Kerala in Book Climate Chnage and Socio-Ecological Transformation, Sati VP et al (Ed), Today's and Tommorow's Printers and Publishers, NewDelhi, ISBN No. 818019.
7. **Bhat Lekha** (2014) Participatory Water Projects Brining in Unequal Burden: Women's Experiences from Kerala, Conference Proceedings, Published by Mizoram University Department of Geography ISBN NO. 9789382880950.
8. **Bhat Lekha** (2014) Locating Indigenous Systems of Medicine in Public Health Care in India, Working Paper Series , Shantigiri Social Research Institute, Thiruvananthapuram, 2014, ISSN 2348-1781.

Manuscript Accepted

1. Emerging diseases and evolving popular health orientation in Kerala:
Towards 'syncretic holism. (Book Chapter accepted, to be published by Orient
BlackSwan)

Manuscript Under Process (Editorial Review)

1. State and Indigenous Systems of Medicine during Post-Independence Period:
A Critical Analysis.
2. Vayatatti in Keralam: What Lessons Can Present Day Obstetric Practitioners
Learn.
3. Human Dignity, Class Differences and Birthing Processes: Women's
Experiences from Kerala, India.
4. Quality of Reproductive Health Care in Urban Uttar Pradesh: Women's Experiences
and Expectations.

Papers Presented

Paper titled "Maternal and Child Health in the North East: A Social Work Perspective" at one day State Seminar on "Promoting Community and Environmental Sustainability" on 21 March 2017 Organized by the Department of Social Work, Mizoram University.

Paper titled Medical Ethics in Practice: Reflections from Kerala at the National Seminar on Theorizing Ethics: Prospectus and Challenges, Organized by Shri Kerala Verma College with UGC financial aid, Jan 2015.

Paper titled "Participatory Water Projects Bringing in Unequal burden on women: A Case Study of Women in Rural Kerala" at National Seminar on Management of Natural Resources for Sustainable Development, Mizoram University, Supported by ICSSR and UGC March 2014.

Paper titled "Social Work Education in North East: Concerns and Challenges" at National Seminar on Inclusive Development Bridging the Gap, St Edmunds College, June 2013.

Paper titled "Waste Management Projects with Special Reference to NGO Quarters, Trikkakara" at Rajagiri College of Social Sciences, Kerala June 2006.

Seminars, Workshop Coordinated and Invited Talks

Coordinated a session on "Environmental Sustainability Plans Ahead" on 6th April 2017 in a national one week workshop "Training of Trainers on Environment sustainability and

Development” Organized jointly by Mizoram University and Rajiv Gandhi National Institute of Youth Development.

Coordinated One day Workshop on Decent Work for Domestic Workers on 19th April 2017
Organized jointly by Department of Social Work Mizoram University and Centre for Development Initiatives

Delivered a talk on Bioethics in Child Birth in India at National Seminar on Inclusive Development Bridging the Gap, St Edmunds College, June 2013.

Leadership and Other Administrative Experiences

1. Member, Board of Studies, School of Social Sciences, Mizoram University 2014-2016.
2. Assistant Field Work Coordinator July 2013 to April 2014.
3. Assistant Coordinator – Study Tour 2013 and Rural Camp 2014.
4. Warden, Senhri Girls Hostel. September 2016 till date.
5. Student Academic Advisor 2014.
6. Examination paper Setter –BSW courses and MSW Courses
7. Verification/ Identification Officer-University Entrance Examinations

Courses Taught

1. Foundations of Social Work
2. Urban Development
3. Health and Mental Health in Social Work Practice
4. Working With Communities

Research Consultancies

Research Consultant, Department of Social Work, Vimala College, Kerala, Worked on UGC sponsored projects on “Pedagogical Interventions in Sex and Sexuality among Adolescents. July 2009 to June 2012.

Research Consultant, Centre for Legislative Research and Advocacy, Delhi. Currently working on a research project on “Food Justice and Parliament”. (Working January 2013 onwards). (Project Based Consultancy)

Workshops and Short Term Training Programmes

- Faculty Orientation Programme , Mizoram University March 2014
- International Summer School on Social Determinants of Health, 2013.
- Certificate Course in Environment Management

- Certificate Course in Learning Disability, Peejays Child Guidance Clinic,
 - Ernakulam, Kerala
- Certificate Course in Counseling (Basic), Santhwana Institute of
 - Counseling and Psychotherapy, Ernakulam, Kerala
- Certificate Course in Basic Computer Application.
- Certificate Course in Alternative to Violence Programme (Basic)
- Three Day Workshop in SPSS (Software Package for Social Sciences)
- Three Day Workshop in Participatory Rural Appraisal (PRA)
- Certificate Course in Accounting and Tally
- Certificate Course in Yoga

Achievements and Honors

- Qualified JRF of UGC 2005
- Qualified UGC NET in 2005
- Qualified for SRF Aug 2008-Aug 2012
- Third Position in Master's Programme at the University level
- First Position in MPhil Programme at JNU
- Scholarship during B Sc Programme
- Volunteer Secretary, NSS Unit, Rajagiri College.
- Executive Committee Member, Social Work Students Association of Rajagiri.

Language Proficiency

English, Hindi, Malayalam and Konkani

References:

1. Prof Ritu Priya Mehrotra , Centre of Social Medicine and Community Health, School of Social Sciences, JNU. 011-26704420. ritu_priya_jnu@yahooo.com

2. Prof K R Nayar (Rtd), Centre of Social Medicine and Community Health, School of Social Sciences, JNU. Presently Head, Global Institute of Public Health, Trivandrum, Kerala. Ph +919958132674. krnayar@gmail.com
3. Prof C Devinderan, Head , Department of Social Work, Mizoram University, Aizawl, Mizoram 796004. +919612164263.devbhupa@gmail.com