

CURRICULUM VITAE



ADDRESS

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CURRENT DESIGNATION

1. **Assistant Professor:** Department of Social Work, Central University of Tamil Nadu, Thiruvarur, Tamil Nadu, India from 6th June 2016 to till date.
2. **NSS Programme Officer:** Central University of Tamil Nadu, Thiruvarur, Tamil Nadu, India from 20th September 2016 to till date
3. **Student Counsellor:** Counselling & Guidance Cell (CGC), Central University of Tamil Nadu, Thiruvarur, Tamil Nadu, India from 8th August 2015 to till date.

EMPLOYMENT HISTORY

1. **Assistant Professor on Contract:** Department of Social Work, Central University of Tamil Nadu, Thiruvarur, Tamil Nadu, India from 8th October 2013 to 5th June 2016.
2. **Guest Faculty:** Community College, Central University of Tamil Nadu, Thiruvarur, Tamil Nadu, India from 6th May 2014 to 5th July 2014.
3. **Guest Faculty:** Department of Social Work, Bharathidasan University, Tiruchirappalli, Tamil Nadu, India from 1st July 2009 to 30th April 2011.
4. **Lecturer:** Department of Social Work, Urumu Dhanalakshmi College, Tiruchirappalli, Tamil Nadu, India from 1st May 2006 to 3rd July 2008.
5. **Project Manager:** Society for Regardless Individuals Trust, Namakkal, Tamil Nadu, India 5th July 2009 to 25th April 2011.

EDUCATION AND TRAINING

1. **Ph.D in Social Work,** Bharathidasan University, Bharathidasan University, Tiruchirappalli, Tamil Nadu, India, 2014.
2. **M. Phil in Social Work,** Bharathidasan University, Bharathidasan University, Tiruchirappalli, Tamil Nadu, India, 2008.
3. **Master of Social Work,** Urumu Dhanalakshmi College, Tiruchirappalli, Tamil Nadu, India, 2006.
4. **B.Sc Physics,** Bishop Heber College, Bharathidasan University, Tiruchirappalli, Tamil Nadu, 2003.

AREA (S) OF SPECIALIZATION AND RESEARCH INTEREST

- Mental Health
- Strength Based Social Work
- Ageing & Social Work
- Spirituality and Social Work
- Psychiatric Social Work

FELLOWSHIPS AWARDS AND HONORS

Rajiv Gandhi National Fellowship for Ph.D Award by UGC, New Delhi, India.

NATIONAL ELIGIBILITY TEST FOR LECTURESHIP

Qualified National Eligibility Test for Lectureship (N.E.T) in Social Work, the test conducted by UGC, New Delhi, India.

PUBLICATIONS (BOOKS, JOURNALS AND CONFERENCE PROCEEDINGS)

JOURNAL ARTICLES

1. **Udhayakumar, P. and Ilango, P. (2013). Invoking the Spirit: A Model of Incorporating the Spiritual Dimension into Gerontological Health care Practice.** International Journal of Applied Management Research, Vol.5 (Special Issue), Pp. 413-416.
2. **Udhayakumar, P. and Ilango, P. (2013). Human Rights for the Wellbeing of Older Persons.** International Journal of Applied Management Research, Vol.5 (Special Issue), Pp. 1-5. ISSN No. 09748709.
3. **Udhayakumar, P. and Ilango, P. (2013). Integrating Spirituality into Gerontological Health Care Management.** Tamilnadu Journal of Applied Management Research, Vol.2 (1), Pp- 49-51.
4. **Udhayakumar, P. and Ilango, P. (2013). Occupational Stress Experienced among the Women Employees in Industries.** Tamilnadu Journal of Applied Management Research, Vol.2 (1), Pp- 49-51. ISSN No. 22771158.
5. **Udhayakumar, P. and Ilango, P. (2013). The Healing Touch- Some Thoughts on Spirituality and Wellbeing.** Tamilnadu Journal of Applied Management Research, Vol.2 (1), Pp- 67-71.
6. **Udhayakumar, P. and Ilango, P. (2012). Quality of Informal Care received by Elderly in Tiruchirappalli.** Indian Journal of Gerontology, Vol. 26(4), Pp. 513-523, 2012.
7. **Udhayakumar, P. and Ilango, P. (2013). Gerontological Mental Health in India.** Journal of Research, Extension and Development, Vol. 1(7), Pp. 9-12.
8. **Udhayakumar, P. and Ilango, P. (2012). Spirituality and Mental Health among Elderly.** Journal of Research, Extension and Development, Vol. 1(2), Pp. 8-14.

9. Ilango, P., and Udhayakumar, P. (2012). **Spirituality, Stress and Wellbeing among the Elders Practicing Spirituality**. Samaja Karyada Hejjevalu (Social Work – Foot Prints), Vol. 2(10), Pp. 37 -42.
10. Udhayakumar, P. and Ilango, P. (2012). **Informal Care Received by Elderly Residing in Slums of Tiruchirappalli District**, Tamilnadu, India. International Research Journal of Social Sciences, Vol.1(1), Pp. 15-18.
11. Udhayakumar, P. and Ilango, P. (2013). **Social Changes and Peer Group Influence among the Adolescents Pursuing Under Graduation**. International Research Journal of Social Sciences, Vol .2(1), Pp. 1- 5.
12. Udhayakumar, P. and Ilango, P. (2014). **Social Change during Adolescent Development**. International Journal of Applied Management Research, Vol.6 (Special Issue), Pp. 356-359.
13. Udhayaumar, P., Ilango, P., and Siji Mary Koshy (2014). **Emotional Intelligence among the Employees working in Industries**. International Journal of Applied Management Research, Vol.6 (Special Issue), Pp. 372-374.

CHAPTERS IN EDITED BOOKS

1. Ilango, P. and Udhayakumar, P (2015). **Gerontological Mental Health in India**. In: Mental Health and Ageing: Global Perspective, Nova Science Publishers, Inc.: Hauppauge, New York.
2. Udhayakumar, P., and Ilango, P. (2015). **Spirituality and Wellbeing among the Older Persons**. The 2nd International Social Work Conference (Conference Proceedings), Perpustakaan Negara Malaysia Cataloging- in- Publication: Malaysia, Pp. 153 – 164.
3. Ilango, P., and Udhayakumar, P. (2013). **Mental Health and Wellbeing among Older Persons: Gerontological Social Work Perspectives**. In: Social Work and Mental Health- Areas of Practice, Challenges and Way Forward, Sage Publishers, New Delhi, India, Pp. 164-175 .
4. Udhayakumar, P., and Ilango, P. (2013). **Older Persons Wellbeing and the Spiritual Imperative**. In: Scientific Writing and Publishing in Social Work, Niruta Publications, Bangalore, India, Pp. 54- 79.
5. Udhayakumar, P., and Ilango, P. (2012). **Spirituality and Quality of Life among the Elderly**. In: Professional Social Work – Best Practices and Innovations in Teaching, Research and Extension”, Authors Press, New Delhi, India.
6. Udhayakumar, P., and Ilango, P. (2011). **Spirituality and Its Approach towards Geriatric Care –An Innovation in Care Giving for the Elderly**. In: Professional Social Work – Best Practices and Innovations in Teaching, Research and Extension, Authors Press, New Delhi.
7. Jeryda, J.O., and Udhayakumar, P. (2010). **Psychological Problems Faced by the HIV/AIDS Patients when Administered Antiretro - Viral Therapy**. In: Professional Social Work in India – Contributions to Welfare and Development, Allied Publishers, New Delhi, 2010.

8. **Udhayakumar, P. and Ilango, P. (2010). Social Acceptance – Social Grouping during Adolescence.** In: Professional Social Work in India – Contributions to Welfare and Development”, Allied Publishers, New Delhi, 2010.
9. **Udhayakumar, P., and Ilango, P. (2010). Job Stress among the Employees of Tool Fab Engineering Industries, Tiruchirappalli.** In: Professional Social Work in India – Contributions to Welfare and Development, Allied Publishers, New Delhi.
10. **Udhayakumar, P. and Ilango, P. (2009). Impact of Social Changes among Adolescents- Peer Group Influence.** In: Social Work Profession in India- Issues and Challenges”, Allied Publishers, New Delhi.
11. **Udhayakumar, P. and Ilango, P. (2011). A study on Test- Anxiety among Adolescent School Students with reference to Thiruvarur district.** In: Paradigms in Social Science Research: A New Horizon, Authors Press, New Delhi, Pp. 250 – 254.
12. **Ilango, P., Udhayakumar, P., and Abraham, P. (2012). Strengths- based Approach to Social Work Practice with Older Persons.** In: Paper in Strengths Based Practice, Allied Publishers, New Delhi, Pp. 150 -160.
13. **Ilango, P., Udhayakumar, P., and Abraham, P. (2012). Strengths- based Approach to Social Work Practice with Older Persons.** Abstract Book on International conference on Strengths Based Practices in Social Work and Human Services, 22-24 November 2012, Kathmandu, Nepal & Brisbane Institute of Strengths Based Practice Inc., Australia.

SELECTED CONFERENCE PAPERS AND PRESENTATIONS

1. **P.Udhayakumar, 2014, Spirituality, Stress and Wellbeing among the Elders Practising Spirituality,** presented at 4th International Seminar on “Health Economics & Management” & Human Enrichment – Medical Ethics” organized by PG & Research Department of Economics on 30th & 31st January 2014.
2. **P.Udhayakumar, 2014, Gerontological Mental Health in India,** presented at 4th International Seminar on “Health Economics & Management” & Human Enrichment – Medical Ethics” organized by PG & Research Department of Economics on 30th & 31st January 2014.
3. **P.Udhayakumar, 2014, Presented a paper on Spirituality and Mental Health among Elderly** presented at 4th International Seminar on “Health Economics & Management” & Human Enrichment – Medical Ethics” organized by PG & Research Department of Economics on 30th & 31st January 2014.
4. **P.Udhayakumar, 2012, “Invoking the Spirit: A Model of Incorporating the Spiritual Dimension into Gerontological Health Care Practice,** presented at ICMR Sponsored 3rd International Seminar on “Health Economics and Management” organised by PG & Research Department of Economics, Rajah Serfoji Government College, Thanjavur on 13th & 14th December 2012.
5. **P.Udhayakumar, 2012, Strengths- based Approach to Social Work Practice with Older Persons,** presented at the International Conference on Strengths Based Practices in Social Work and Human Services, organised by the Brisbane Institute of Strengths Based Practice Inc, in cooperation with Nepal School of Social Work and

James Cook University, Australia at Kathmandu, Nepal on 22nd & 24th November 2012.

6. **P.Udhayakumar, 2011, Spirituality and Its Approach towards Geriatric Care –An Innovation in Care Giving for the Elderly**, presented at International Symposium on “Professional Social Work: Best Practices and Innovations in Teaching, Research and Extension” organized by the Department of Social Work, Bharathidasan University, Tiruchirappalli on 10th & 11th March 2011.
7. **P.Udhayakumar, 2011, Spirituality and Its Influences on Quality of Life of the Elderly**, presented at National Conference on “Social Development In India – New Vistas and Challenges” organized by the Department of Social Work, Bharathidasan University, Tiruchirappalli on 10th & 11th January 2011.
8. **P.Udhayakumar, 2010, Social Acceptance – Social Grouping During Adolescence**, presented at National Conference on “Professional Social Work in India- Welfare and Development” organized by the Department of Social Work, Bharathidasan University, Tiruchirappalli on 29th & 30th March 2010.
9. **P.Udhayakumar, 2010, Job Stress among the Employees of Tool Fab Engineering Industries, Tiruchirappalli** presented at National Conference on “Professional Social Work in India- Welfare and Development” organized by the Department of Social Work, Bharathidasan University, Tiruchirappalli on 29th & 30th March 2010.
10. **P.Udhayakumar, 2009, Psychological Problems Faced by the HIV/AIDS Patients when Administered Antiretro Viral Therapy**, presented at National Conference on “Indian Social Work Perspective on HIV/AIDS – Issues, Challenges, Prevention and Management” organized by the Department of Social Work, Kodaikanal Christian College, Kodaikanal on 12th & 13th October 2009.
11. **P.Udhayakumar, 2009, Changes in Social Behavior During Adolescence**, presented at National Conference on “Millennium Development Goals: A Social Science Perspective” organized by the Department of Social Work, Bishop Heber College, Tiruchirappalli on 27th & 28th February 2009.
12. **P.Udhayakumar, 2009, Impact of Social Changes among Adolescents- Peer Group Influence** presented at National Conference on “Professional Social Work in India- Issues and Concern” organized by the Department of Social Work, Bharathidasan University, Tiruchirappalli on 29th & 30th January 2009.

TEACHING COURSES (PRESENT)

- Psychology for Social Work Practice
- Introduction to Mental Health
- Psychiatric Social Work

COURSES TAUGHT

- Advanced Counselling: Theory & Practice
- Social Work Research & Statistics
- Health Systems
- Sociology for Social Work Practice
- Medical Social Work

CONFERENCE ORGANIZED

1. CONFERENCE ORGANIZING SECRETARY

NATIONAL CONFERENCE

National Conference on **Social Work & Mental Health** on 10th May 2016, Central University of Tamil Nadu, Thiruvarur, India.

CONFERENCES/ WORKSHOPS/ SEMINARS PARTICIPATED

1. 4th International Seminar on **Health Economics & Management & Human Enrichment – Medical Ethics**, organized by PG & Research Department of Economics, Rajah Serfoji Government College, Thanjavur on 30th & 31st January 2014.
2. 3rd International Seminar on **Health Economics and Management**, organised by PG & Research Department of Economics, Rajah Serfoji Government College, Thanjavur on 13th & 14th December 2012.
3. International Conference on **Strengths Based Practices in Social Work and Human Services**, organised by the Brisbane Institute of Strengths Based Practice Inc, in cooperation with Nepal School of Social Work and James Cook University, Australia at Kathmandu, Nepal on 22nd & 24th November 2012.
4. International Symposium on **Professional Social: Best Practices and Innovations in Teaching, Research and Extension**, organized by the Department of Social Work, Bharathidasan University, Tiruchirappalli on 10th & 11th March 2011.
5. National Conference on **Social Development in India- New Vistas and Challenges**, organized by the Department of Social Work, Bharathidasan University, Tiruchirappalli on 10th & 11th January 2011.
6. UGC Sponsored two days National conference on **Professional Social Work in India- Welfare and Development**, organized by the Department of Social Work, Bharathidasan University, Tiruchirappalli on 29th – 30th January 2010.
7. Educational Seminar on **Higher Education for Sustainable Better Livelihood**, organized by the Department of Social Work, Bharathidasan University on 6th November 2009.
8. Seminar on **Human Rights for Transgender**, organized by the Department of Social Work, organized by the Department of Social Work, Bharathidasan University, Tiruchirappalli on 24th October 2009.
9. One day workshop on **Disability Management for Social Work**, organized by the Department of Social Work, Bharathidasan University, on 29th October 2009
10. National conference on **“Indian Social Work Perspective on HIV/AIDS – Issues, Challenges, Prevention and Management**, organized by the Department of Social Work, Kodaikanal Christian College, Kodaikanal on 12th & 13th October 2009.
11. National conference on **Millennium Development Goals – Social Science Perspective**, organized by the Department of Social Work, Bishop Heber College, Tiruchirappalli from 28th – 27th February 2009

12. UGC Sponsored two days National conference on **Professional Social Work in India- Issues and Concern**, Organised by the Department of Social Work, Bharathidasan University, Tiruchirappalli from 29th – 30th January 2008

INVITED TALKS

- Synopsis and Thesis: Hands on Training, Two days Research Methodology Workshop Series- I, Jointly organized by the Department of Social Work, Department of Life Sciences and Department of Epidemiology and Public Health, Central University of Tamil Nadu, 1st and 2nd November 2016.

LEADERSHIP EXPERIENCE

- **Convener**- Curriculum Development Meeting held on January 2015
- **Co-director** – Rural Educational Camp
- **Member**- Institutional Human Ethics Review Board, Central University of Tamil Nadu
- **Member**- Board of Studies (BoS), Department of Social Work, Central University of Tamil Nadu
- **Coordinator of Examinations**- Department of Social Work, Central University of Tamil Nadu