

# NATIONAL SEMINAR

on

## Health and Well-being in a Multi Sectoral Perspective: Recent Trends, Challenges and Opportunities

(27<sup>th</sup> February, 2018)



*Organised by*

### **DEPARTMENT OF APPLIED PSYCHOLOGY**

**School of Behavioural Sciences  
Central University of Tamil Nadu  
Neelakudi Campus, Kangalancherry,  
Thiruvarur – 610 005  
Tamil Nadu, India**

# **Health and Well-being in a Multi Sectoral Perspective: Recent Trends, Challenges and Opportunities**

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## **About the University**

Central University of Tamil Nadu (CUTN) is an institution of higher education established by an Act of Parliament in 2009. The University aims at the fashioning of an enlightened society founded on a relentless pursuit of excellence through innovation in teaching-learning process, interdisciplinary studies and research. With a host of the diversified, integrated postgraduate, postgraduate, doctoral programmes and diploma and certificate courses of community college both already rolled out and on the anvil, the University has been keen to stay abreast of the ever expanding academic frontiers.

## **About the department**

The Department of Applied Psychology at the Central University of Tamil Nadu started functioning in the academic year 2017-2018. The department currently offers a regular two years fulltime programme in Applied Psychology (titled as M.Sc. Applied Psychology programme with three specialisations: (i) Clinical Psychology, (ii) Counselling Psychology, and (iii) Industrial and Organisational Psychology. The Department of Applied Psychology emphasizes the interdisciplinary perspective to view, understand, interpret and find out solutions to the multifaceted problems and issues of individuals as well as the society facing at present. The department is going to offer M.Phil. in Psychology and Ph.D. in Psychology from upcoming academic session (2018-19).

## **About the seminar**

Health and well-being are pivotal for the growth, development and productivity of a society and is vital for a happy and healthy life anywhere in the world. Ensuring healthy lives and promoting well-being for all at all ages is essential to building prosperous societies. However, despite significant strides in improving people's health and well-being in recent years, issues and inequalities in health care access persist.

The Sustainable Development Goals (SDGs) by United Nations (UN) are a universal call to action to end poverty, protect the planet and ensure that all people enjoy peace and prosperity. The third among the 17 goals of SDGs is to "Ensure healthy lives and promote well-being for all at all ages". By taking a more integrated approach to development the SDGs present us with an opportunity to advance, seizing opportunities to collaborate and

exploit synergies. Greater intersectoral coherence, integration and coordinated efforts are necessary to achieve the aims of SDGs. Thus, the identification of the approaches and perspectives which may help in the holistic understanding of health and well-being is the need of the hour.

The proposed conference on “Health and Well-being in a Multi Sectoral Perspective: Recent Trends, Challenges and opportunities” takes a multidisciplinary method to demonstrate, exchange and provide inputs for better health and well-being. In short, this conference attempts to bring together academicians, researchers, practitioners, policy makers and other stakeholders in one umbrella to deliberate, discuss and decide the future direction of behavioural sciences research and practice regarding health and well-being.

### **Themes:**

- ❖ Mental health and well-being
- ❖ Policies related to Health and Well-being
- ❖ Work-life balance
- ❖ Maternal Mental health and well-being
- ❖ Health and Well-being of Marginalised and Socially excluded groups
- ❖ The politics of well-being
- ❖ Health and well-being across the life span
- ❖ Climate change and Well-being
- ❖ Well-being and Urbanisation
- ❖ Mental health and social media
- ❖ Migration and well-being
- ❖ Life style diseases
- ❖ Health and well-being in the context of Disability

## Important Dates

Last date for Abstract Submission	February 13, 2018
Registration Closes	February 20, 2018

### Publication Plan:

Abstracts of all papers and posters presented at the conference will be published in a book of abstracts for distribution during the conference time. Full length paper will be reviewed by scientific committee members and selected papers will be published by reputed National or International publisher. Full length paper has to be sent to: **nshw2018@cutn.ac.in** on or before February 24, 2018.

### Registration Fees:

Delegate Classification	Local participants (In Rupees)	Outstation participants (In Rupees)
Faculty	700	1000
Students (PG, MPhil & Ph.D. Scholars)	400	700
NGO's & Others	800	1100

The Registration fee can be sent via Demand Draft in favor of “**Central University of Tamil Nadu**” Payable at **Thiruvarur**. Send the hard copy of the registration form along with the Demand draft to “The Organizing Secretary” Department of Applied Psychology, Central University of Tamil Nadu, Neelakudi, Thiruvarur – 610 005.

In case of NEFT/ RGFT/ NET Banking or other online transactions, registration fee can be sent to

**ACCOUNT NO: 35969069371**

**IFSC CODE: SBIN0018724**

**BANK NAME: State Bank of India**

**BRANCH NAME: Central University of Tamil Nadu Neelakudi Campus**

Participants are requested to send the scanned copy of the completed registration form along with the proof of the transfer of payment / receipt to [nshw2018@cutn.ac.in](mailto:nshw2018@cutn.ac.in)

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**on**  
**Health and Well-being in a Multi Sectoral Perspective: Recent Trends,**  
**Challenges and opportunities**  
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**REGISTRATION FORM**

Name :  
Designation :  
Institutional Affiliation :  
Mailing Address :  
Mobile :  
Email :  
Are you presenting a Paper? Yes / No

If yes, Title of the Paper :  
Do you need accommodation? Yes / No  
If yes, specify Arrival Date: Time:

**PAYMENT DETAILS**

Registration Fee: -----  
\* DD No: ----- Date: -----  
Issuing Bank & Branch: -----

**\*\* Online Payment**

Transaction ID: ----- Date: -----  
Amount: ----- (Rupees----- only)  
Bank & Branch: -----

**Date:**

**Signature**

\*The Registration fee can be sent via Demand Draft in favor of “Central University of Tamil Nadu” Payable at Thiruvarur. Send the hard copy of the registration form along with the Demand draft to “The Organizing Secretary” Department of Applied Psychology, Central University of Tamil Nadu, Neelakudi, Thiruvarur – 610 005.

Fee can also be paid through Net banking facility: **ACCOUNT NO: 35969069371;**

**IFSC CODE: SBIN0018724; BANK NAME: State Bank of India, CUTN Branch**

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<b>CHIEF PATRON</b>	
<b>Prof. A. P. Dash</b> Hon'ble Vice-Chancellor, Central University of Tamil Nadu, Thiruvarur – 610 005	
<b>PATRON</b>	<b>CO-PATRON</b>
<b>Dr. S. Bhuvanewari</b> Registrar, Central University of Tamil Nadu, Thiruvarur – 610 005	<b>Prof. T. Sengadir</b> Dean- Academic Central University of Tamil Nadu, Thiruvarur – 610 005

### Conference Organizing Committees

<b>CONFERENCE DIRECTOR</b>	
<b>Dr. Sigamani, P.</b> Coordinator, Dept. of Applied Psychology Central University of Tamil Nadu, Thiruvarur-610 005 Email: <a href="mailto:sigamanip@cutn.ac.in">sigamanip@cutn.ac.in</a>	
<b>CONFERENCE ORGANISING SECRETARIES</b>	
<b>Dr. Mamman Joseph C</b> Asst. Professor, Dept. of Applied Psychology Central University of Tamil Nadu Email: <a href="mailto:mammanjoseph@cutn.ac.in">mammanjoseph@cutn.ac.in</a>	<b>Dr. Vithya V</b> Asst. Professor, Dept. of Applied Psychology Central University of Tamil Nadu Email: <a href="mailto:vvithya@cutn.ac.in">vvithya@cutn.ac.in</a>
<b>CONFERENCE ORGANIZING COMMITTEE MEMBERS</b>	
<b>Ms. Neethu P S</b> Department of Applied Psychology Central University of Tamil Nadu.	

## **MANUSCRIPT PREPARATION GUIDELINES**

### **Paper Submission**

- ❖ Abstract of the papers on the listed themes must be submitted as a Microsoft Word document latest by February 13, 2018.
- ❖ Papers on the listed themes must be submitted as a Microsoft Word document by April 10, 2018.
- ❖ Papers must be written in English.
- ❖ The following information must be included on the first page of the submission:
  - Title of paper
  - Title of the paper and sub theme
  - Name(s) of author(s)
  - Organization/institution affiliation
  - Contact address, telephone, fax and e-mail address
- ❖ Author's names should be on the title page only, in order to facilitate the blind referring process.
- ❖ Papers and abstracts will only be accepted for review on the condition that the manuscript has not been copyrighted, has not been published, has not been presented or accepted for any other conferences or publication.
- ❖ All accepted and copyrighted papers will be published in an edited book with ISBN Number.
- ❖ Please note that only one copy of the edited book per paper would be made available.

### **Format for abstract and full paper**

- The manuscript must be typed in 1.5 spaces in 12 point Times New Roman with a margin of 1 inch on all sides.
- The length of the papers should not exceed 5000 words, excluding the abstract (maximum 300 words) and authors' biography of not more than 150 words.
- All references must be in the APA format.
- Abstract has to be submitted via e-mail: [nshw2018@cutn.ac.in](mailto:nshw2018@cutn.ac.in) on or before February 13, 2018.