



CENTRAL UNIVERSITY OF TAMILNADU OBSERVED WORLD MENTAL HEALTH DAY

The Department of Applied Psychology and The Psychological Society of Central University of Tamil Nadu observed World Mental Health day-2018 with the theme “Young People and Mental Health in a Changing World” on 10th October, at Neelakkudy Campus, Central University of Tamil Nadu, Thiruvarur. The programme was inaugurated by Prof. A.P. Dash, Vice-Chancellor, Central University of Tamil Nadu in the presence of Dr. S. Bhuwaneswari, Registrar and Dr. S Nagarajan, Dean Students’ welfare. Dr. Mamman Joseph C, Head (i/c) and Dr. V. Vithya felicitated the programme.

As part of the initiative a two-day exhibition on mental health- ‘Zerone’ was organised on 9th and 10th October at the University campus. More than 900 people including students of schools in and around Thiruvarur visited the exhibition. Twenty different stalls were setup on various areas in mental health including psychological assessments. Extending the theme to the community, an exhibition cum sale of handcrafts made by differently abled children of Satya Special School, Pondicherry and an art expo by Mr. Joseph were also included.



