तमिलनाडु केन्द्रीय विश्वविद्यालय

(संसद द्वारा पारित अधिनियम 2009 के अंतर्गत स्थापित)

CENTRAL UNIVERSITY OF TAMIL NADU

(Established by an Act of Parliament, 2009)

नीलक्कुड़ी /Neelakudi ,

तिरुवारूर/Thiruvarur - 610 005

CUTN – 29(1) / 2020 – Reg. Sec **5th April, 2020**

CIRCULAR

As things unfold in the coming days, the CUTN will continue to monitor the mental health issues of the University fraternity. In order to address the mental health needs of people under quarantine and to aid individuals and communities for psychological support during the period of lockdown, based on the recommendation of MHRD, the counselling cell and Department of Applied Psychology is to provide Psychological counselling services for patients, their family members, and other people through online Platforms such as WhatsApp, WhatsApp Video call, Mobile call or through email.

Counselling timing - 10.00AM to 7.00PM

Mental Health Help Line Numbers

1. Dr. Mamman Joseph C
Head (I/c), Dept. of Applied Psychology, CUTN
Preferred languages: English and Malayalam
Mob: 9035758363
Email ID: mammanjoseph@cutn.ac.in

2. Dr. Vithya V
Assistant Professor
Dept. of Applied Psychology, CUTN
Preferred languages: Tamil and English
Mob: 9994713182
Email ID: vvithya@cutn.ac.in

3. Dr. Ruth Angiel
Assistant Professor
Dept. of Applied Psychology, CUTN
Preferred languages: Telugu and English
Mob: 7093198474
Email ID: ruthangiel@cutn.ac.in

4. Mr Vishal (Counsellor)
Preferred language - English and Malayalam
Mob: 8160778376
Email ID: visalkvenu@yahoo.com

-Sd/

Registrar

Copy to:

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2. Finance Officer
3. All Dean of Schools
4. All Head of the Departments
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