

# VIBRATING STRINGS

e-NEWSLETTER – Volume - 3, No. 2 (July 2021 – December 2021)

## Message from the Head of the Department

*“While the whole world is fighting against COVID, it is time to be brave and bold. The Department of Music cherishes actively in the musical, academic, research and extension activities. Our bi-annual e-newsletter “Vibrating Strings” is blossoming with fresh energy. The students, research scholars and faculty members have proved once again in their all-round vibrancy and this e-Newsletter presents the success stories of the Department members. My best wishes to the Department of music, that is stepping into the fifth year and glowing with its colour and fragrance in popularising the art of Music in this divine land of Thiruvarur”.*



## 1st Batch of Students graduated

**BPA Music** – the 4 year Under graduate Degree programme was introduced in 2017 and the first batch of

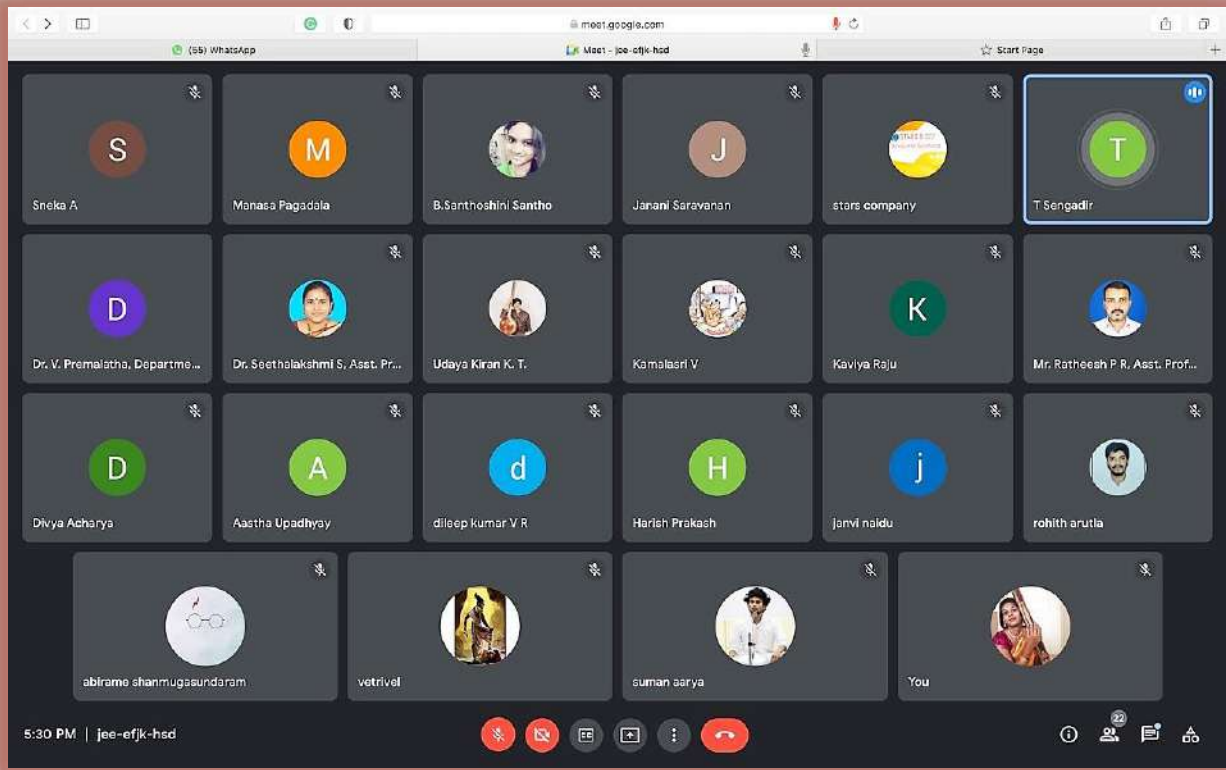


students graduated successfully in 2021. They received their degrees during the 6<sup>th</sup> Convocation of CUTN, held online on 6<sup>th</sup> October 2021. Ms. V Kamalasri secured first rank and the Gold Medal. Besides Kamalasri, Abhirame and Ambika Bhaargavi had passed out with distinction. Department of Music congratulates all the new graduates and wishes them a grand success for their future.



## Vande Mataram 2021

Department of Music hosted an online event Vande Mataram -2021, a musical offering to Bharata Mata, on the occasion of Independence Day on 15<sup>th</sup> August 2021. Students of the Department and other young budding artists participated in the event. Patriotic songs in different Indian languages were rendered and this portrayed sincere devotion and respect to Mother India. Prof. T Sengadir, from the Department of Mathematics, joined online and congratulated the Department for having arranged for a wonderful online event. He recalled his younger days at school, where songs of Bharatiyar were taught to students, daily. E-Certificates were sent to all the participants.



**Ayudha Pooja – 2021**

The Department celebrated Ayudha Pooja on 8<sup>th</sup> October 2021. As a custom of worshipping the musical instruments during Dussehra, The program started with the formal worship of all the musical instruments followed by musical rendering by faculty members.

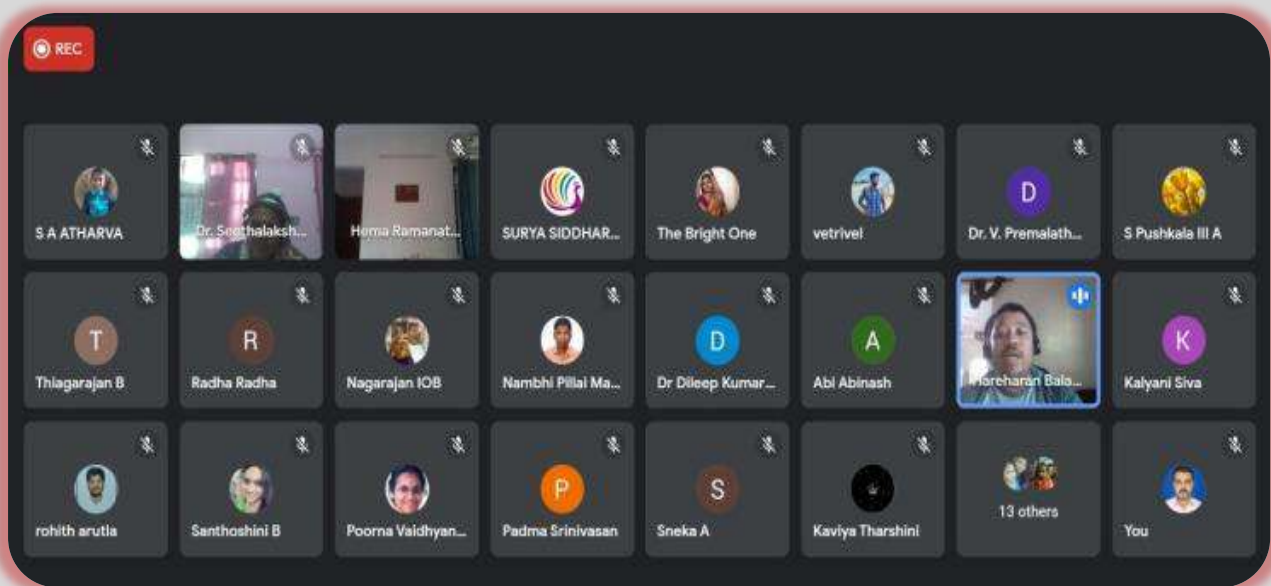


Mr. Ratheesh P R, Dr. Udaya Kiran K T and Dr. Dileep Kumar V R rendered “Saraswathi Namosthute”, a composition set to Raga Saraswathi, Rupaka Tala composed by Sri G N Balasubramaniam. Dr. V. Premalatha and Dr. S. Seethalakshmi rendered “Kurai onrum illai” a Ragamalika composition set to Adi Tala and composed by Sri C. Rajagopalachari. Honourable Vice Chancellor Prof. M. Krishnan, Registrar (incharge) Dr. Sulochana Shekhar and Controller of Examinations (incharge) Prof. S. Nagarajan, graced the occasion with their presence.



## Melodies of Mahakavi

One of the prominent national poets of India is Mahakavi Subramania Bharati. He had composed hundreds of songs on National integration and various other themes. The Department of Music celebrated his birth anniversary on 11<sup>th</sup> December 2021, as an online music rendering event, called “Melodies of Mahakavi”. This online rendering of Bharatiyar’s songs provided a platform to perform, listen and enjoy his compositions thereby spreading the message of Patriotism, Peace, Harmony and Aesthetic joy of Indian culture, heritage and legacy. Participants from different parts of our Country presented the songs of Mahakavi Subramania Bharati through Google Meet. It was indeed a great moment to see both young kids of age under 10 years and also senior citizens aged 70+, participating enthusiastically in this programme.



Musicians all over the world, faculty members from other Universities, students, Research scholars and faculty members of the Department of Music, Central University of Tamil Nadu participated by rendering the compositions of Sri Mahakavi Subramania Bharati.

### *FDP attended by Faculty Members*

- Dr. S.Seethalakshmi participated in the 5 Days workshop on Techno-pedagogical Tools and Techniques organised by Team MOOCsICT@CUTN from 05<sup>th</sup> July 2021 to 09<sup>th</sup> July 2021.
- Mr. Ratheesh P R has attended the online 171<sup>st</sup> Induction Programme for University/College Teachers conducted by the UGC Human Resources Development Centre, University of Kerala from 06<sup>th</sup> September 2021 to 05<sup>th</sup> October 2021.
- Dr. Dileepkumar V R has attended the online Induction Programme conducted by the UGC Human Resources Development Centre, Kannur University from 21<sup>st</sup> October 2021 to 19<sup>th</sup> November 2021.

### *Hindi Fortnight Celebrations*

Faculty members and students of the Department of Music took active part in Hindi Fortnight competitions – Sep 2021, organised by the Official Language Department of CUTN.

- Dr. S. Seethalakshmi obtained 2<sup>nd</sup> prize in Hindi Administrative Glossary/Noting writing competition conducted for CUTN Staff & Faculty
- Dr.S.Seethalakshmi obtained 2<sup>nd</sup> prize in Hindi Extract reading competition conducted for Non-Hindi speaking Faculties/Staff
- Aastha Upadhyay, 2<sup>nd</sup> year student of B.P.A. Music obtained 2<sup>nd</sup> prize Hindi Song singing competition conducted for CUTN Students.



*Department of Music was awarded by Official Language Department for producing all the circulars in Bilingual language. Vice-Chancellor of the University Prof. M. Krishnan presented a Memento to the Department of Music on 28<sup>th</sup> September 2021.*

### *Nomination as Member of Editorial Board*

**Dr. V. Premalatha and Dr. S. Seethalakshmi**, faculty members of the Department were selected as members of Editorial board during October 2021 for **SMRTI**, the Bi-Annual open access Peer Reviewed E-Journal on Fine & Performing Arts published by the Department of Indian Music, School of Fine & Performing Arts, University of Madras, Chennai. <https://smrti.omeka.net/>

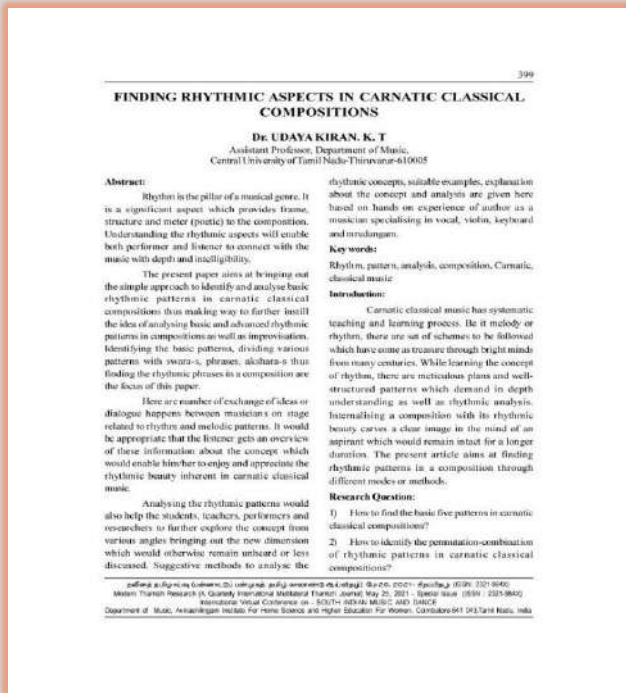
### *Faculties in various Committees at CUTN*

- Dr. Seethalakshmi was selected as NSS Programme Officer during October 2021
- Dr. Dileepkumar was nominated as Member Secretary of Grievance Redressal Committee (Teachers), CUTN.
- Dr. Udaya Kiran was nominated as the Mentor from the Music Department for the Remedial Coaching Cell at CUTN. Remedial classes for the students were conducted during December 2021 to enhance their skills related to music.

### *Publications*

Faculty members have published research articles in UGC CARE listed and International Journals. Details are given below.

Mr. Ratheesh published article titled “References to Raga Todi in different treatises” in UGC CARE listed journal- the Journal of Modern Thamizh Research based on the International Virtual Conference hosted by Department of Music, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore, (pp. 251-257), (ISSN. No. 2321-0737)



➤ Dr. Udaya Kiran published article titled “Finding Rhythmic Aspects in Carnatic Classical Compositions (pp.399-403) in UGC CARE listed journal- the Journal of Modern Thamizh Research based on the International Virtual Conference hosted by Department of Music, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore. (ISSN. No. 2321-0737)

**Invited Lecture by Faculty**

Dr. Udaya Kiran delivered an invited lecture online, as part of World Sight day organised by Swamy Vivekananda Youth Movement, Mysore on 21<sup>st</sup> October 2021. His lecture was on Sharing the experiences in the journey of life, under the theme, “**LIMITED SIGHT LIMITLESS VISION**”. Please visit the link below to watch the event: <https://youtu.be/6TScbdjL0I>



## Performances by Faculty Members

Faculty Members have performed at various places including All India Radio and enthralled the audience with their musical proficiency.

- Mr. Ratheesh performed a vocal concert at All India Radio, Thrissur which was broadcast on 01<sup>st</sup> December 2021.
- Dr. Udaya Kiran featured in a special online series about musicians – ‘Just Music’, hosted by a leading Kannada newspaper “Prajavaani”, on 3<sup>rd</sup> J. Link: [https://www.youtube.com/watch?v=z7dfEvvzq\\_I](https://www.youtube.com/watch?v=z7dfEvvzq_I)



➤ Dr. Seethalakshmi was blessed to be invited to perform Kamalamba Navavarana Kirtana-s of Sri Muthuswamy Dikshitar on the 9 days (one song per day) of Navaratri. It was held at the great composer’s birth place at Thiruvavur, which is under renovation. This was performed during the Abhishekam from 07<sup>th</sup> October 2021 to 15<sup>th</sup> October 2021.

- Dr. Seethalakshmi was invited as chief guest for an event titled “Tiruthuraipoondiyil Thiruvaiyaaru” on 16<sup>th</sup> December 2021. The event showcased grand Musical performance by 100 artists on Nagaswaram, who were accompanied by 100 artists on Taval. Organising and rendering of performances by many artists together is a challenging factor. All the Nagaswaram artists played with utmost co-ordination and unison.



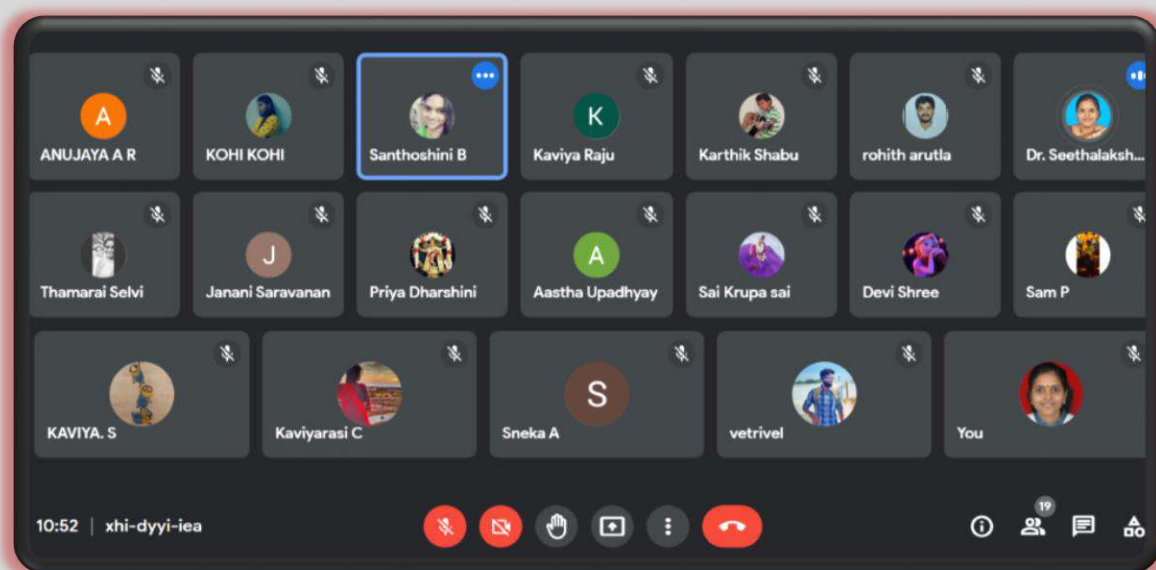


## Academic Activities by Students

A unique online event called “**Music Department activity day**” was conducted to enhance the learning experience of students. It was conducted by the Head of the Department, Dr. V. Premalatha and Dr. Seethalakshmi on 16<sup>th</sup> November 2021. This activity aimed at bringing together students of all the classes to build social communication, participation, improve listening skills and to have music related interactions within them. The final year (4<sup>th</sup> year) students of the BPA Program co-ordinated the event by grouping participants into different teams and conducting activities for 2<sup>nd</sup> and 3<sup>rd</sup> year students.

### Description of the Event

The first round consisted of the activity of guessing the raga based upon the alapana which was played. The final years played the audio that 2<sup>nd</sup> year and 3<sup>rd</sup> year students were familiar with, which was followed by discussion and explanation by Teachers on the raga. This made them familiarised with the raga. In the second round, a musical quiz was conducted. The students were categorized into 3 groups namely Tyagaraja group, Muthuswami Dikshitar group and Shyama Shastri group. This made the students recall what they had studied during the BPA programme or heard so far.



The third and last round of the program was a crossword puzzle game. In this, students were shuffled into two groups namely Sruthi and Laya. The Crossword Puzzle session attracted the students and was highly interactive. Students proved "Sruthi Matha and Laya pitha" by scoring equally in the puzzle round. At the end of program, some of the students shared their musical journey and it was a very good opportunity for the new batch of students to interact with teachers and their seniors. The program was successful and ended happily with lots of fun learning and knowledge.

### Feedback by Pagadala Manasa – II year BPA....



*The event conducted on 16<sup>th</sup> November 2021 by having a music related interaction with Teachers and seniors was very much useful and interesting. The final year students organized the event by categorizing us in various and conducting quizzes related to music. The program started with final year students sharing their Music journey from First year and the steps taken by them to travel through the journey.*

### Feedback by B. Santhoshini – IV year BPA ...



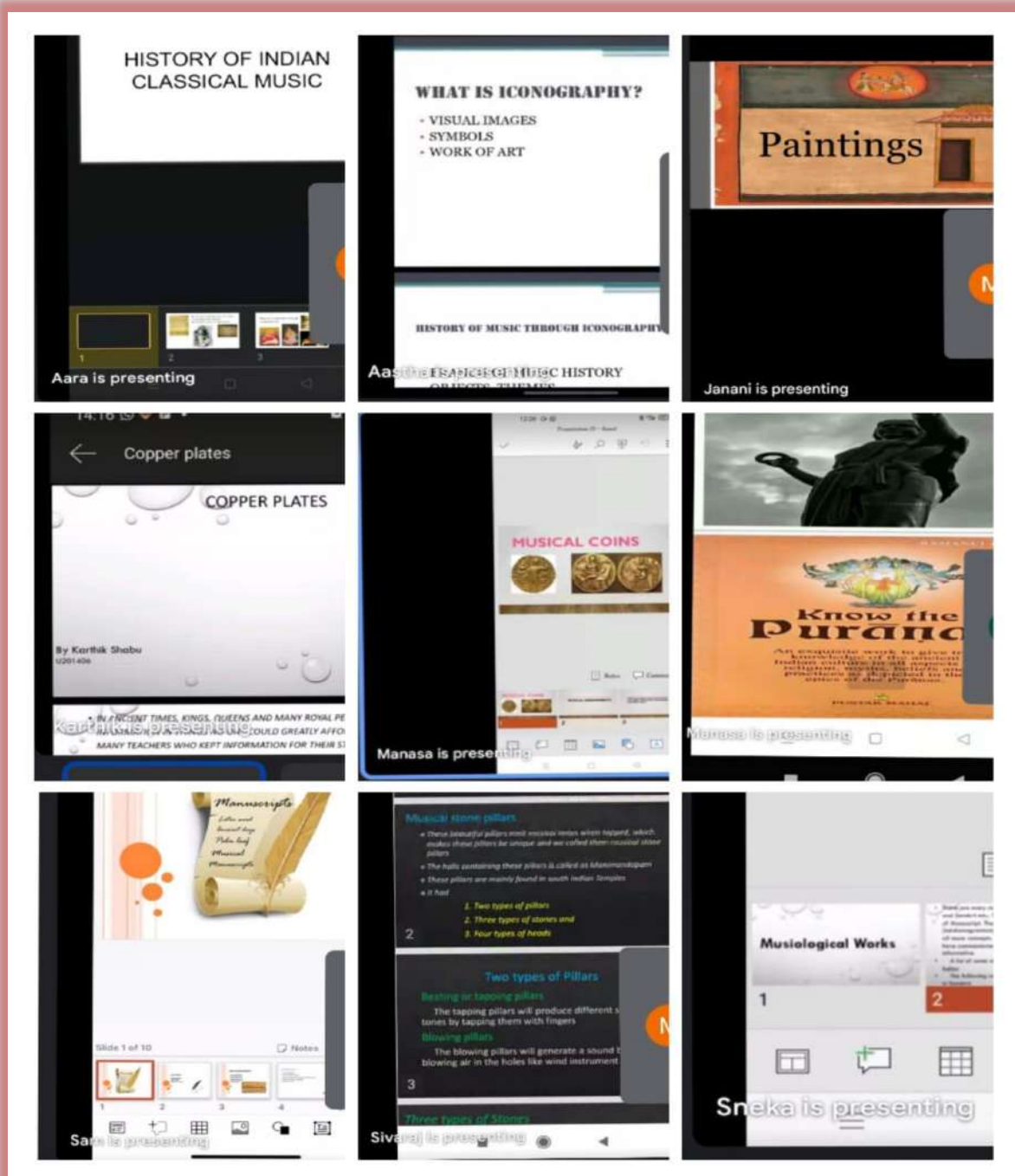
*“We, the students of final year (4th year) were given the opportunity to organize this event in a creative way. We feel it as a great opportunity to explore music by finding new ways to musically interact with other students of the department in creative ways. This session reminded us the golden days we spent together in the department (Those days we used to have such session most often and it will be cherished in our hearts always). This session also helped us to self-analyze our growth and knowledge in music. This really brought out the artistic part from within. It was a great team work from all the final year students. We popped up with new ideas to make the session interesting”*

### **Online Departmental Seminar by Students**

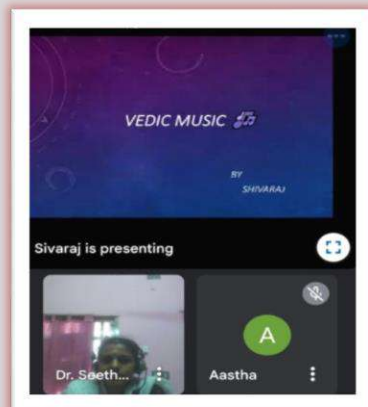
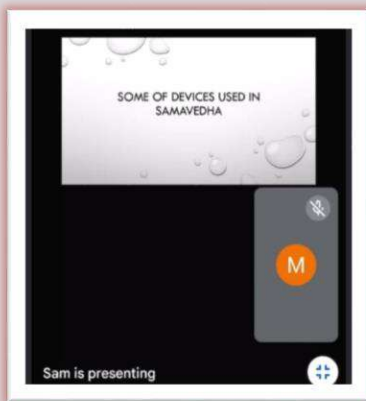
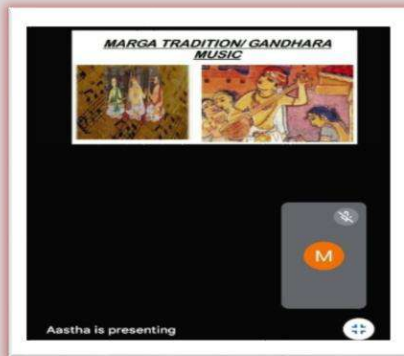
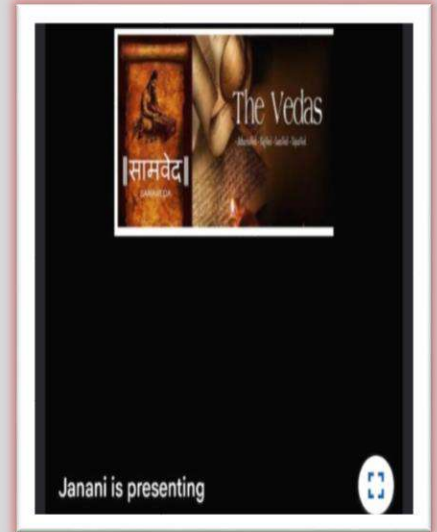
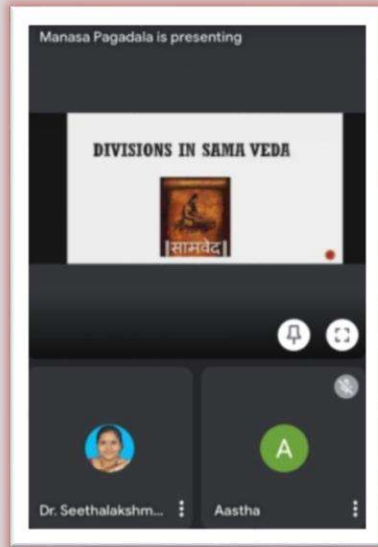
Dr. S. Seethalakshmi conducted a series of online Seminars for students for the course MUS301 (History of Music). One of the themes was, ‘Sources that provide evidence to study the History of Music’. The students of the 2<sup>nd</sup> year BPA participated and the event was co-ordinated by Pagadala Manasa.

No	Name of the student	Topic of the presentation	Date of presentation
1	M.P.Aarathana	Letters written by musicians and composers on musical matters to friends	13-09-2021

2	AasthaUpadhyay	Musical iconography	15-09-2021
3	S. Janani	Musical paintings	25-09-2021
4	Karthik Shabu	Copper Plates	30-10-2021
5	Kaviya R	Reference of music in sacred and secular literature	16-09-2021
6	PagadalaManasa	Musical coins and endowments	15-09-2021
7	Penubadi Sam Jonathan Raju	Manuscripts	13-09-2021
8	M. Sivaraj	Musical stone pillars	16-09-2021
9	A .Sneka	Musicological works	15-09-2021



Another series of Online Seminar presentations were organised by Dr. Seethalakshmi for the 2<sup>nd</sup> year students of BPA Music. It was based on the course MUS301 (History of Music) above related to ‘Sama Veda and Ancient Indian Music’, and was co-ordinated by Pagadala Manasa

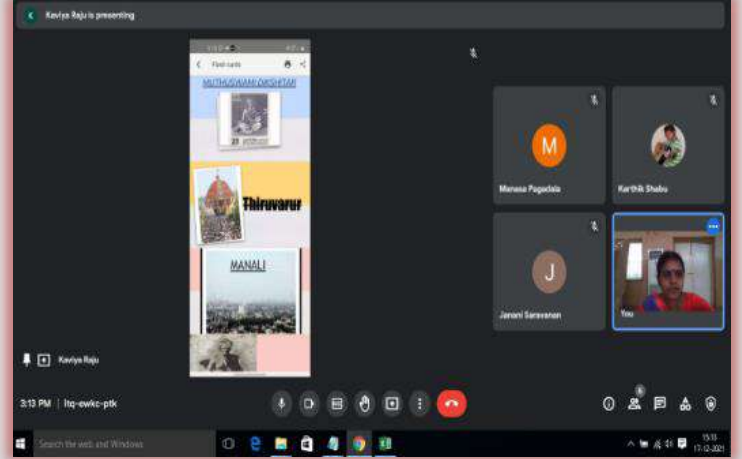
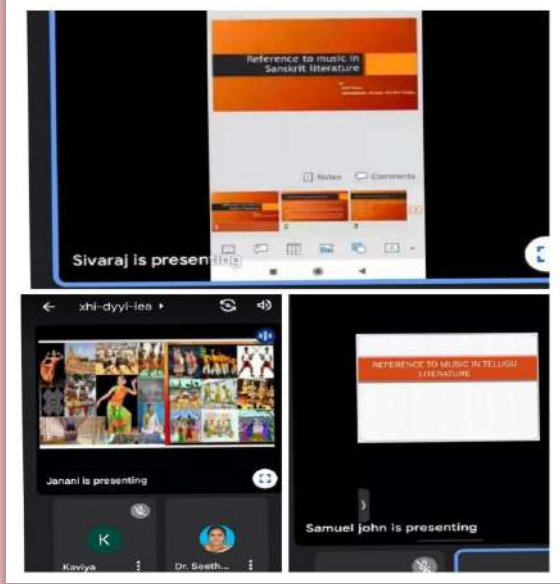


No	Name of the student	Topic of presentation	Date of presentation
1	M.P. Aarathana	Important techniques used in saman singing	01-12-2021
2	Aastha Upadhyay	Marga tradition and Gandharva music	20-11-2021
3	Janani S	Introduction to Samaveda, music of medieval period	01-12-2021
4	Kaviya R	Music in pre-historic period	07-12-2021
5	Karthik Shabu	Ancient history, Prehistoric and Samskrta traditions	24-11-2021
6	Pagadala Manasa	Music in pre-historic period	20-11-2021
7	Penubadi Sam Jonathan Raju	Devices used in Sama veda recitation	20-11-2021
8	Sivaraj M	Vedic music	18-12-2021
9	Sneka A	Gatra Veena and Modern music	07-12-2021

A Group seminar was conducted by Dr. S. Seethalakshmi for the course MUS301 (History of Music) on References of Music found in Tamil, Telugu and Sanskrit literature co-ordinated by Pagadala Manasa. The students grouped them with various Team names such as Task force, Kasukabe Defence Force and Challengers team and delivered their presentation in co-ordinated manner.

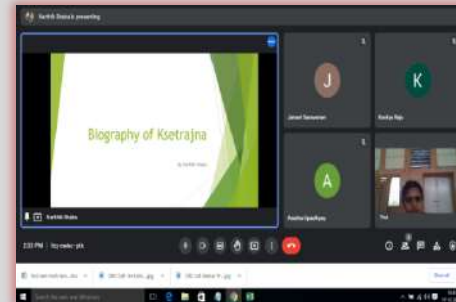
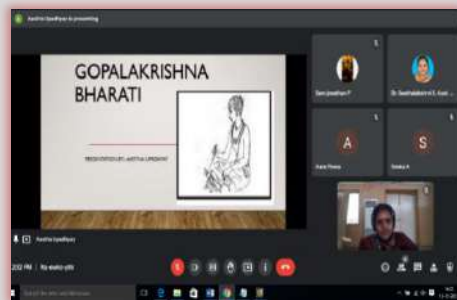
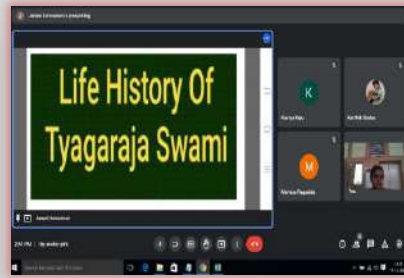
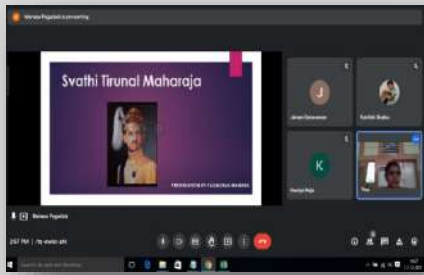
Group	Participants	Topic	Date
<b>Task force</b>	Aarathana M P	Sanskrit literature	Musical reference in puranas, Ramayana and Mahabharata
	Sivaraj M		
	Karthik Shabu		
<b>Kasukabe Defence Force</b>	Janani S	Tamil literature	Introduction, Tholkappiyam and Kurunthogai
	Kaviya R		
	Sneka A		
	Aastha Upadhyay	Telugu literature	Prabhavathi Pradhyumna and Kala Pradhyumnan

<b>Challengers Team</b>	Pagadala Manasa	Tala and Vasu carithra
	Penubadi Sam Jonathan Raju	Introduction , basavapurana and Panditaradhya charithra



An online seminar was conducted by Dr. S. Seethalakshmi for the course MUS301 (History of Music) on composers during December 2021.

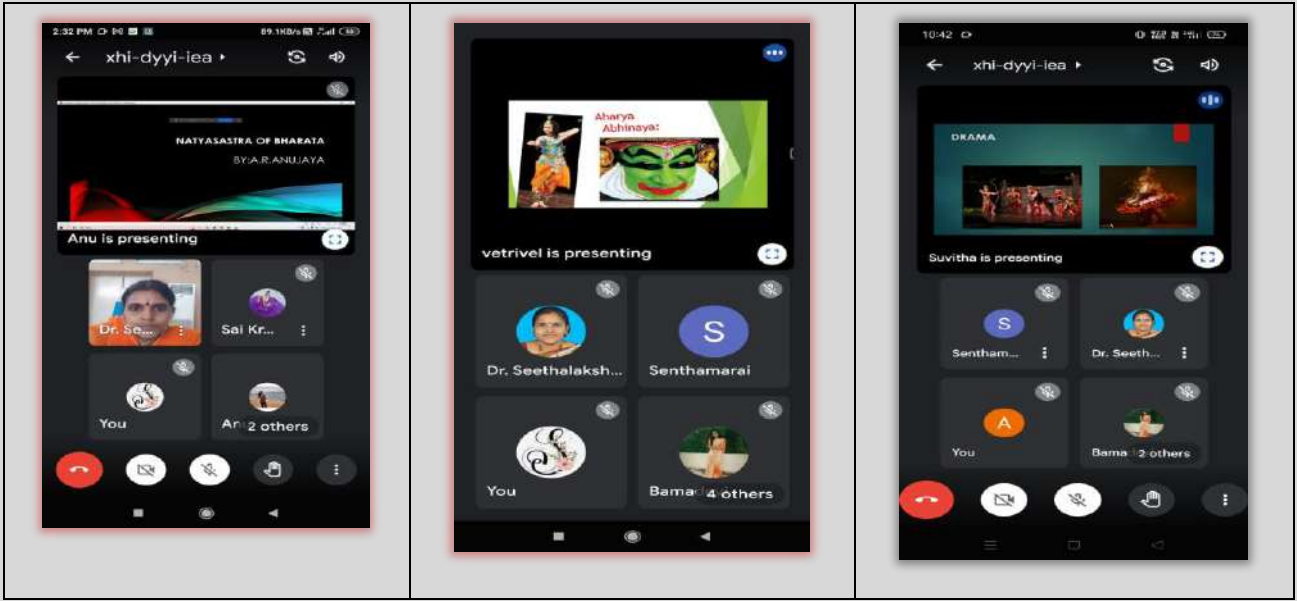
No	Name of the student	Topic of presentation	Date of presentation
1	Aarathana M P	Shyama Sastri	15-12-2021
2	AasthaUpadhyay	Gopala Krishna Bharathi	13-12-2021
3	Janani S	Tyagaraja	17-12-2021
4	KarthikShabu	Kshetranya	17-12-2021
5	Kaviya R	Muthuswami Dikshitar	17-12-2021
6	PagadalaManasa	SwathiTirunal	17-12-2021
7	Penubadi Sam Jonathan Raju	Arunachala kavi	13-12-2021
8	Sivaraj M	Patnam Subramaniaaiyer	18-12-2021
9	Sneka A	Muthuthandavar	13-12-2021



Dr. S. Seethalakshmi conducted Seminar by students for the course MUS502 (Music Literature) related to 'Brhaddesi and Natyasastra' which was co-ordinated by Suvitha.

S No	Name of the student	Topic of the presentation	Date of presentation
1	Anujaya A R	Introduction of Bharatha's Natyasastra	29-10-2021
2	Jahanavi Y	Jati from Brhaddesi	29-10-2021
3	Sai krupa R T	Introduction of Natyasastra and Natya mandapa	09-11-2021
4	Kohila M	Music in Natya	09-11-2021
5	Harineeleha T D	Music aspects	13-11-2021
6	Senthamarai S	Music during drama proper	13-11-2021
7	Suvitha V	Music in Natyasastra	13-11-2021
8	Vetrivel M	Abhinaya	13-11-2021
9	Yogamangalam S and Iruguralla Rahul	Purvaranga in Natyasastra	13-11-2021 18-12-2021

10	BamaDevi S	Artistic devices employed in Natya & Aim and Aesthetic import of Natya	13-11-2021
11	Swathi B	Dramatic plot and Dasarupaka	23-11-2021
12	Thamarai selvi S	Brhaddesi	23-11-2021

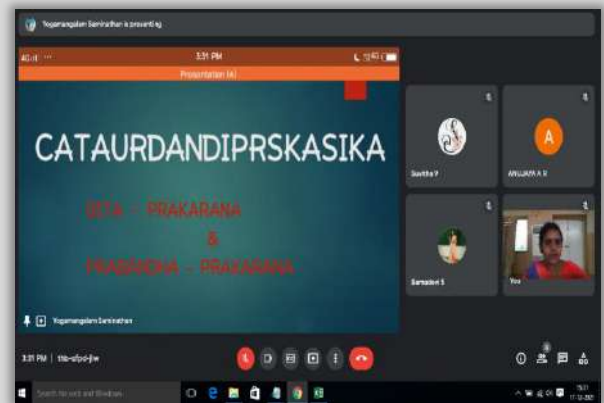
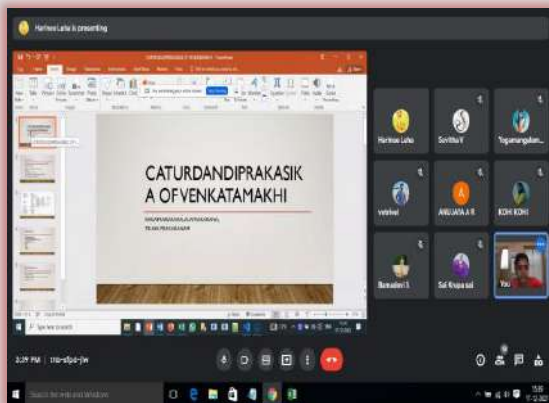
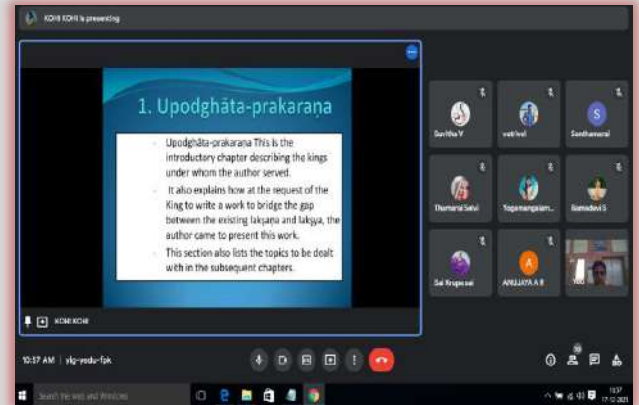
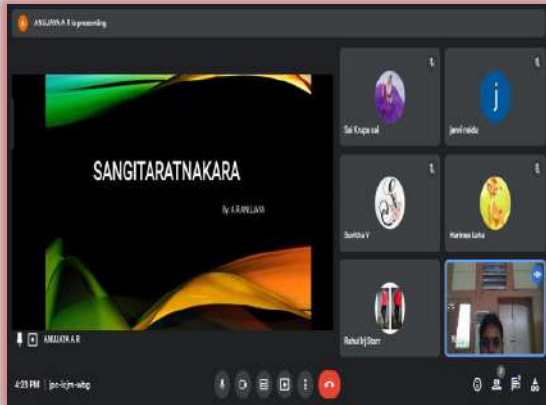


Dr. Seethalakshmi conducted seminar by students for the course MUS502 (Music Literature) related to 'chapters in Literatures - Sangitaratnakara of Sarngdeva, SvaramelaKalanidhi of Ramamatya, CaturdandiPrakasika of Venkatamakhi and Suddha Vikrta Svaras' during December, 2021 which was coordinated by Suvitha.

No	Name of the student	Topic
1	Jahanavi Y	Chapter 1 (Svaragatādhyāya) of Saṅgīta Ratnākara
2	Anujaya A R	Chapter 2, 3, 4 and 5 (Rāgavivekādhyāya, Prakīrṇakādhyāya, Prabandhādhyāya and Tālādhyāya of Saṅgīta Ratnākara
3	Bama Devi S	Chapter 6 and 7 ( Vādyā-adhyāya and Nartana adhyāya) of Saṅgīta Ratnākara
4	Kohila M	Chapter 1 and 2 (Upodghātaprakaraṇa and Svaraprakaraṇa ) of Svaramēla Kalānidhi



5	Senthamarai S	Chapter 3 and 4 (Vīṇā-prakaraṇa and Mēla prakaraṇa) of Svaramēla Kalānidhi
6	Thamarai selvi S	Chapter 5 ( Rāga-prakaraṇa) of Svaramēla Kalānidhi
7	Iruguralla Rahul	Introduction of Caturdandi Prakasika
8	Vetrivel M	Chapters 1, 2 and 3 (Vīṇāprakaraṇa, Sruti prakaraṇa Svara-prakaraṇa) of Caturdandi prakasika
9	Swathi B	Chapter 4 (Mēla-prakaraṇa) of Chaturdandi prakasika
10	Harineeleha T D	Chapters 5,6 and 7 (Rāgaprakaraṇa, Alaprakaraṇa and Thāya-prakaraṇam) of Chaturdandi prakasika
11	YogaMangalam	Chapters 8 and 9 (Gita-prakaraṇa and Prabandha prakaraṇa) of Chaturdandi Prakasika
12	Sai krupa R T	Sangitaratnakara of Sarngadeva, Svaramelakalanidhi of ramamatya and Sadhragacandrodhaya of Pundarika Vitthala.
13	Suvitha V	Sudha vikrta svaras mentioned in the Caturdandi Prakasika of Venkatamakhi and Sangrahacudamani of Govinda
14	Nivas M	Introduction to Sangeetha Ratnakara



## Music Creation in Youtube

On 15<sup>th</sup> August 2021, Research Scholar P Nirmal Harish has presented his Audio single (creative Music) an original composition for the lyrics written by Shakthi and tuned by Nirmal Harish for the Instagram page 'The Art Infinite', titled 'Vidhuthalai Vidiyal' along with Manjula Ponnappalli. Watch the same at <https://youtu.be/BjMK7erLfEk>



On the occasion of Bhairava Ashtami, on 20<sup>th</sup> September 2021, P Nirmal Harish has offered the recording of Sri Kalabhairava Astakam of Sri Adhi Shankaracharya set to tune by himself to the lord Siddha Bhairava of Sri Thiruvarur Thyagarajaswami Temple at Thiruvarur. This rendering is available at <https://youtu.be/guy6TTyesGw>

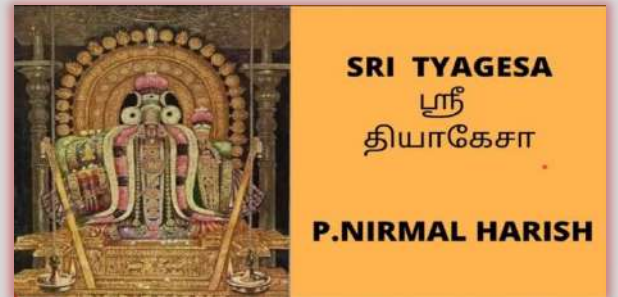


On 04<sup>th</sup> November 2021, Research Scholar P. Nirmal Harish has dedicated an original composition to the library "Yedagam" located at Tanjore. It is written by Pavallar Thanjay Dharmarasan and has been set to music by P Nirmal Harish and sung along with Manjula ponnappalli as a dedication to the library. Link to listen to this rendering :

<https://youtu.be/y0nBOXqniIE>

On the occasion of Arudra festival, Research Scholar P. Nirmal Harish has writ ten a composition in Bhairavi raga. "Rajayogam seiyum Tyagesa" and has offered it to Thiruvarur Thyagarajaswami Temple.

Link : <https://youtu.be/dEA-v17xPzk>



## Music Performances by Research Scholars

Research Scholars were active in performing, composing and contributing their musical offering during the period.

- Mr. N. Manoj performed a concert for the Navaratri festival in Neelankarai on 9<sup>th</sup> October 2021, at Chennai for private trust member's house.



- Mr. Manoj N, disciple of Dr S Sundar performed for the silver jubilee celebration of Freedom trust, a group for the disabled persons, founder by Dr S Sundar, at Chennai on 12<sup>th</sup> December 2021.
- Mr. Manoj N rendered an invocation for the lecture demonstration Mela on 19<sup>th</sup> December 2021 at Arkay Convention Center in Chennai which conducts regular programs every year in the month of December.
- On 20<sup>th</sup> November 2021, Nirmal Harish has provided vocal accompaniment for the Bharathanatyam program at Sir Bhairava Siddhar Peetham at krishnagiri.



On 25<sup>th</sup> December 2021, P. Nirmal Harish has provided main vocal accompaniment for Melattur Bhagavata Mela Natakam 'Pahlada Charitram', A Temple Theatre art form at Melattur.

### *About Bhagavata Mela Nataka....*

Bhagavata Mela is a classical Indian Traditional Theatre Art Form that is performed in Tamil Nadu, particularly the Thanjavur region, especially at Melattur. It is performed as ritualistic offerings to Lord Narasimha at Melattur and nearby regions. The dance art has

roots in a historic migration of practitioners of Kuchipudi, another Indian classical dance art from Andhra Pradesh to the kingdom of Tanjavur. The Bhagavata Mela is traditionally celebrated in Hindu temple grounds or next to a temple, starting after dusk and through the night, and like the original Kuchipudi artists, male Brahmins were the artists who played the role of men and women characters in the underlying story.

The Bhagavata Mela stories are typically from the Hindu Epics or the Purana-s. The music is Carnatic style, and most of the underlying story is sung to the rhythm of the music while the dance artists perform. The repertoire is aided by an orchestra of musical instruments, with mridangam, and cymbals providing the beat, and flute, string instruments and harmonium completing the ensemble.

The plays include the episodes from the Bhagavata such as Prahlada Charitram, Rukmini Kalyanam, krishnaleela etc. Apart from this there are dramas such markandeya Charitram, Andal Charitram and so on.

On the occasion of Radha kalyana Mahotsavam on 26<sup>th</sup> December 2021, Mr. Nirmal Harish has provided vocal accompaniment for the Melattur Bhagavata Mela Natakam Rukmini Kalyanam at Sri Ramar Matham located at Sollaiappan Street located at Kumbakonam.



On 26<sup>th</sup> December 2021, Nirmal Harish along with Keshav Tyagarajan has presented an half an hour online thematic presentation 'Hari and Hara' the compositions of Sri Muddusvami Dikshita on Lord Shiva and Vishnu on the occasion of 'Gayana Seva' festival organized by 'Youth artist Development Association, USA'. The presentation was accompanied by Madurai Sir Sundar on the Mridangam.



## *Bharatanritya Arangetram*

Research scholar Bhairavi M is a multi-faceted personality – she sings, plays violin and also has been trained in the art of Bharatanatyam. After years of rigorous training, She performed her debut Bharathanrithya recital at the Chamber of Commerce Auditorium, Madurai on 07<sup>th</sup> November 2021. The orchestra included her Guru Smt. Seethalakshmi Srinivasan on the Nattuvangam, Dr. Ranganayaki sachidanandam on the Vocal, Madurai Dr. K Thiagarajan on the Mridangam and Sri.D Sachidanandam on the violin. Sri. Sankara Seetharaman, Pulavar Sri K. Velayutham and Dr. M Arunagiri graced the Arangetram as Chief Guests.



## *Awards received by Students*



On 4<sup>th</sup> December, 2021, Research Scholar P. Nirmal Harish has received the title, Isai Thilagam, Isai Vendhi awards from Mahaa fine arts and kalaiyin kural monthly magazine. It was been given by the Honorable Justice Thiru S K Krishnan.

## *Student's Participation in Extension Activities*

Students of the Department have actively participated in various events and added, accolades through their achievements.

- Pagadala Manasa, student of 2<sup>nd</sup> Year B.P.A, won the 2<sup>nd</sup> Prize in Drawing Competition for students of CUTN, organised by the NSS unit of CUTN on 1<sup>st</sup> December 2021,.



- Pagadala Manasa has participated in the Online Yoga Quiz Competition – 2021 organised by Jay Jagannatha Education Trust-Surat, Gujarat on 10<sup>th</sup> July 2021.



## NSS ACTIVITIES

### Personality Development

It is vital for students to enhance personal development skills to reach their personal goals. Dr. S. Seethalakshmi organised a special webinar on Personality Development on behalf of CUTN- NSS on 1<sup>st</sup> November 2021. The Guest Speaker for this webinar was Mr. Suraj Varghese, Senior Manager of Banking Sector in an MNC. All students were invited for this webinar.

The Guest Speaker made everyone understand the basic checklist (*Knowing ourselves, Communication and Image*) with reference to day-to-day activities.

The students of Music Department who have been attending classes online felt it to be very useful and much



Time	Programme	Responsibility
4.00 PM	Opening prayer	NSS Students
4.05	Welcome address	<b>Dr. V.Gunasekaran</b> NSS Coordinator, CUTN
4.10	Felicitation address	<b>Prof. A. Selvam,</b> Dean, Students welfare, CUTN
4.20	Guest speaker-Introduction	<b>Dr. Seetha Lakshmi,</b> NSS Prog. Officer, CUTN
4.25	Special Lecture on Personality Development	<b>Mr. Suraj Varghese,</b> Sr. Manager, MNC banking sector.
5.00	Vote of Thanks	<b>Dr.Srinivasan Sampath</b> NSS Prog. Officer, CUTN
5.05	National Anthem	All participants.

needed webinar which was planned and organized at the right time for the students to get benefitted. The students felt that this was a great opportunity for the students to get guided by extremely talented person.

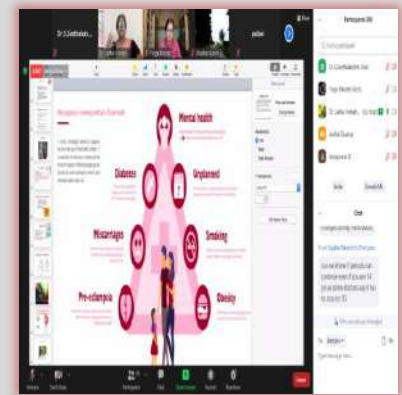
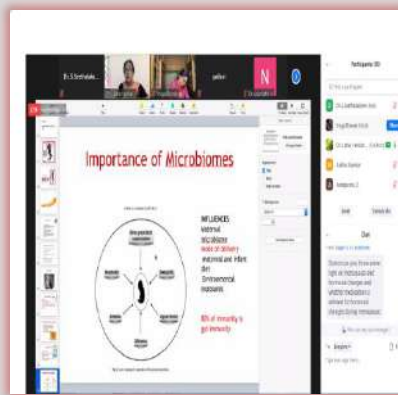
### Constitution Day

Department of Music, CUTN celebrated Constitution Day on 26<sup>th</sup> November 2021 by online reading of the Preamble of the Constitution. Faculty members of the Department, students and Research Scholars joined by taking up the pledge online.



## Wellbeing of Woman

Dr. S. Seethalakshmi organised a special informative and lively webinar session on WOW - Wellness / Wellbeing of Woman by Dr. Latha Venkatram for women, as a part of National Service Scheme (CUTN-NSS) on 28<sup>th</sup> November 2021, Sunday at 4 P.M.. in collaboration with Yogabharati, Bangalore. Dr. Latha Venkatram has more than 30 years medical experience being an Obstretician, Gynaecologist, Yoga practitioner and a spiritual seeker. Brief profile of Dr. Latha Venkatram is provided in the link <https://www.yogabharati.net/know-yb/yb-founder-trustees/dr-lata-venkatram>. Many participated and were clarified their queries related to Health and expressed their gratitude to guest speaker Dr. Latha Venkatram.



## Vaccination Awareness Rally

Dr. S. Seethalakshmi was a part of organising committee for NSS Covid-19 Vaccination Awareness Rally conducted on 14<sup>th</sup> December 2021. The vaccination camp was inaugurated by honourable Vice-chancellor at Kanganalanchery. NSS Volunteers from all the Departments took part of the vaccination camp. Students of the department of Music – Sneha, Janani and Sivaraj took active part in the vaccination camp by creating the awareness to public regarding vaccination, holding placards, raising slogans and distributing pamphlets. Details related to the same was published in Tamil Newspaper:





Details of the same were published in e-newsletter. Link of the same is as follows:

[https://tamil.getlokalapp.com/tamilnadu-news/thiruvavarur/thiruvavarur/central-university-awareness-rally-3692215?utm\\_source=app&utm\\_medium=share&utm\\_campaign=app\\_share](https://tamil.getlokalapp.com/tamilnadu-news/thiruvavarur/thiruvavarur/central-university-awareness-rally-3692215?utm_source=app&utm_medium=share&utm_campaign=app_share)

### *Building Communication Skills*

As a part of CUTN NSS, Dr. S. Seethalakshmi organised a Webinar Session by an external Speaker, Mr. Rajesh Sampath Kumar on 18th December 2021 on “Building Communication Skills”. Around 68 Participants joined the session. It was an interactive session. Many questions were asked by the speaker to the students relating their views related to specific scenario. Most of the students from Music Department participated and got benefitted from the session.



### *Tree Plantation Drive*



“Tree plantation Drive” was organised inside CUTN campus as a part of CUTN NSS wing on 30<sup>th</sup> December 2021(Thursday). Our honourable Vice Chancellor Prof. M. Krishnan inaugurated the event in the presence of respected Registrar and other authorities of the University. Dr. Seethalakshmi participated in the Tree Plantation Event.

*Editorial Team*  
*Dr. V Premalatha*  
*Dr Udaya Kiran K T*  
*Dr. S Seethalakshmi*  
*Ms. Swagata Bhattacharjee*

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