



LAKSHMI R

Doctorate in Psychology

Assistant Professor, Department of Applied Psychology, School of Behavioural Sciences, Central University of Tamil Nadu, Neelakudy, Thiruvarur, Tamil Nadu- 610 005, India.



Email address: lakshmi@cutn.ac.in

Academic Achievements

Qualified for the Assistant Professorship in National Eligibility Test (UGC-NET).

Qualified for the Assistant Professorship/Lectureship in the Karnataka State Eligibility Test (K-SET).

Qualified for the Assistant Professorship/Lectureship in the Andhra Pradesh State Eligibility Test (AP-SET).

Languages

English

Kannada

Telugu

Employment History

Aug, 2018-May, 2019

Assistant Professor (contractual), Department of Psychology, School of Social and Behavioral Sciences, Central University of Karnataka, Kalaburagi, Karnataka-585367, India.

July, 2022-Dec, 2022

Research Associate, Department of Psychology, School of Social and Behavioural Sciences, Central University of Karnataka, Kalaburagi, Karnataka-585367, India.

Education

Jul, 2019-Jul, 2022

Ph.D. in Psychology, Department of Psychology, School of Social and Behavioural Sciences, Central University of Karnataka, Kalaburagi, Karnataka- 585367

Jun, 2016-May, 2018

Masters in Clinical and Counseling Psychology, Department of Psychology, School of Social and Behavioural Sciences, Central University of Karnataka, Kalaburagi, Karnataka-585367

Aug, 2013-May, 2016

Bachelor of Science, Department of Psychology, School of Social and Behavioural Sciences, Central University of Karnataka, Kalaburagi, Karnataka-585367

Awards

Award of ICSSR Centrally-Administered Full-Term Doctoral Fellowship in the Year 2021-22.

Affiliations in Academic Bodies

Associate member in National Academy of Psychology India.

Representative Publications

Lakshmi, R., Romate, J., Rajkumar, E., George, A. J., & Wajid, M. (2023). Factors influencing tobacco use behaviour initiation - From the perspective of the Capability, Opportunity, Motivation- Behaviour (COM-B) Model. *Heliyon*, *9*(6), e16385. <https://doi.org/10.1016/j.heliyon.2023.e16385> (Impact factor: 4; Publisher: Elsevier)

Vany Mol K.S., Eslavath Rajkumar, **Lakshmi,R.**, Romate John, Saniya M. Sunny, Allen Joshua George, Shivanand Pawar & John Abraham (2023) Influence of decision-making styles and affective styles on academic procrastination among students, *CogentEducation*, 10:1, <https://doi.org/10.1080/2331186X.2023.2203598> (Impact factor:1.96; Publisher: Taylor & Francis)

Romate, J., Rajkumar, E., Gopi, A., Abraham, J., Rages, J., **Lakshmi, R.**, ... & Bhogle, S. (2022). What Contributes to COVID-19 Vaccine Hesitancy? A Systematic Review of the Psychological Factors Associated with COVID-19 Vaccine Hesitancy. *Vaccines*, *10*(11), 177. <https://doi.org/10.3390/vaccines10111777> (Impact factor: 4.82; Publisher: MDPI)

Rajkumar, E., Rajan, A. M., Daniel, M., **Lakshmi, R.**, John, R., George, A.J., Abraham, J., & Varghese, J. (2022, June). The psychological impact of quarantine due to COVID-19: A systematic review of risk, protective factors and interventions using socio-ecological model framework. *Heliyon*, *8* (6), e09765. <https://doi.org/10.1016/j.heliyon.2022.e09765> (Impact factor: 4; Publisher: Elsevier)

Rajkumar, E., GT, K., Padiri, R. A., **Lakshmi,R.**, Daniel, M., John, R., & Abraham, J. (2022, May 19). Understanding Self-Care Behaviours among Type II Diabetes Patients: A Behaviour Change Models' Perspective. *Current Diabetes Reviews*-, *18*. <https://doi.org/10.2174/1573399818666220519142118> (Impact factor: 3.8; Publisher: Bentham Science)

Sebastian, A. T., Rajkumar, E., Tejaswini, P., **Lakshmi, R.**, & Romate, J.(2021).Applying social cognitive theory to predict physical activity and dietary behavior among patients with type-2 diabetes. *Health Psychology Research*-*9*(1). <https://doi.org/10.52965/001c.24510> (Impact factor:2.2; Publisher:Scholastica)

Wajid,M., Rajkumar,E., Romate, J., George, A.J., **Lakshmi,R.**, & Simha,S.(2021). Why is hospice care important? An exploration of its benefits for patients with terminal cancer. *BMC Palliative care*, *20*(1). <https://doi.org/10.1186/s12904-021-00757-8> (Impact factor:3.9; Publisher: Springer Nature)

George, A. J., Rajkumar, E., John, R., **Lakshmi, R.**, & Wajid, M. (2021). Mindfulness-Based Eudaimonic Enhancement for Well-Being of Individuals with Alcohol-Dependence: A Pilot Randomized Controlled Study. *The Open Psychology Journal*, *14*(1). [DOI:10.2174/1874350102114010167](https://doi.org/10.2174/1874350102114010167) (Impact factor:1.4; Publisher: Bentham Science)

Book Chapters Published

Rajkumar, E., Romate, J., **Lakshmi, R.** (2021). Application of Health Belief Model to Consumer Behaviour in the context of COVID-19. In M, Gulmez (Eds), Understanding The Consumer Behaviour During COVID-19 Pandemic (pp37-50). ISBN: 978-625-7679-33-6. AkademiSyenKitabevi.

Rajkumar, E., Romate, J., **Lakshmi, R.**, Kruthika, G.T. (2022). Smoking and Alcohol consumption among Type-2 Diabetes: Health Behaviour Models-Based Investigation. In Hariharan, M., Padhy, M., & Chivakula, U. (Eds), Health Psychology: Contributions to Indian Health System. ISBN: 9781003360858. Routledge India, Taylor and Francis.

Recent Conference Presentations

Participated in the two-day International Virtual Conference on "Post COVID-19: Enhancing Resilience and Well-being in Health and Education sectors" on 24 and 25th January 2022, organized by the Department of Psychology, School of Social and Behavioural Sciences, Central University of Karnataka.

Attended and presented a paper entitled "Exploring intrapersonal factors influencing smoking behaviour" in the 57th National and 26th International Conference of the Indian Academy of Applied Psychology (RCI-Accredited), organized jointly by the Department of Clinical Psychology and Department of Psychology, Mizoram, from 27th January to 29th January 2022.

Attended and presented a paper entitled "Interventions to enhance healthy behaviours among hypertensive patients: A systematic review" in the two-day virtual international conference on 'Innovations in Social Sciences- Interventions, Challenges, and Future trends' on 29th and 30th October 2021, organized by M.E.S College of Arts and Commerce-Zuri Nagar, Goa and Grand Academic Portal (GAP).

Attended and presented a scientific paper entitled "Emotional Competence and Life satisfaction in regard to locus of control" during the 56th National & 25th International conference of Indian Academy of Applied Psychology (IAAP) on 'Actualizing Human Potential', organized by Department of Psychology, Punjab University Patiala, Punjab, India, from 18th to 20th February 2021.

Attended and presented a paper titled "The Relationship of Illness coherence and Emotional representativeness on BMI " in two days online International Webinar on, "Psychosocial Factor in Sustainable Health and Well- Being" organized by Faculty of Behaviour and Cognitive Sciences on 17th and 18th June, 2020, Chaudary Bansi Lal University, Bhiwani, Haryana, India.

Attended and presented a paper titled "Does counterfactual thinking matter in the perception of justice?" during XXIX Annual Convention of National Academy of Psychology (NAOP) & International Conference on "Making Psychology Deliverable to the Society", organized by Department of Applied Psychology, Pondicherry University.

Workshops Attended

Attended Seven-days national level online workshop on "Multivariate data analysis for Social Science Research using SPSS and AMOS" jointly organized by Calcutta Business School and Exceller Open from 02 October 2021 to 08 October 2021.

Attended two-days national workshop on "Methods and Approaches for Health Research in Social Sciences" organized in virtual mode on 26th- 27th June 2021 by the Indian Council of Medical Research- National Institute of Research in Tribal Health, Jabalpur in collaboration with VIT-AP University and the Department of Geography, SES Central University of Karnataka, India.

Attended in an online workshop on "Article Writing in Management and Social Sciences", organized by Dr P Murugan, School of Management Studies, University of Hyderabad, Hyderabad, India on 10th May 2020.

Attended the Two days online workshop on "Structural Equation Model (SEM) and Confirmatory Factor Analysis (CFA) using Analysis of Moment Structure (AMOS)" conducted on 24th and 25th May 2020 through Zoom App, by Dr. R Ravanan, Institute for Statistics and Analytical Research, Chennai, India.

Attended the workshop on "Interpersonal communication and Team building" held on 31st October 2019 organized by the Department of Psychology, Central University of Karnataka, Kalaburagi at Psychology Department.

Attended the workshop on "Sample size and Power analysis in Medical Research" conducted during 20th and 21st September, 2019 at Department of Biostatistics, NIMHANS, Bengaluru.