

## CURRICULUM VITAE

**Lt Lekha D. Bhat, MPhil, PhD**

**Contact Address:** Assistant Professor, Department of Epidemiology and Public Health, School of Life Sciences, Central University of Tamil Nadu, Thiruvarur-610005, Tamil Nadu, India.

**Email:** [lekhabhatd@gmail.com](mailto:lekhabhatd@gmail.com), [lekhabhat@cutn.ac.in](mailto:lekhabhat@cutn.ac.in)

**Weblink:** <https://scholar.google.com/citations?user=IA2-UV4AAAAJ&hl=en>  
<https://cutn.irins.org/profile/63303>

### Brief Description

Dr. Lekha D Bhat is working with the Department of Epidemiology and Public Health, Central University of Tamil Nadu. She has basic training in Public Health with an MPhil and a Ph.D. in Social Medicine and Community Health from Jawaharlal Nehru University (JNU) New Delhi. Her background in public health has created a keen interest in developing a social epidemiological/ social determinants approach in public health. Before joining CUTN, she worked as Assistant Professor at Mizoram University for four years. Her interest areas are Informal Sector and Health, Adolescent Health, Social Epidemiological Approach in Public Health, and Qualitative Methods. She has extensively published articles in reputed journals which are published including Elsevier, Science Direct, Springer Nature, Sage, Taylor and Francis, Wiley, and MDPI. She has authored books and edited books with reputed publishers. She is actively involved in research wherein she has projects funded by NHRC, ICSSR, ICMR, and National Commission for Women. She is being a regular panel expert with Rajya Sabha TV and BBC World News to discuss public health-related issues in the Indian context. She is also the Associate NCC Officer of the University.

### Academic Career

S. No	Tenure	Designation	Job Profile
1	19 <sup>th</sup> June 2017- till date.	<b>Assistant Professor</b> , Department of Epidemiology and Public Health, <b>Central University of Tamil Nadu</b> , Thiruvarur, India.	Teaching (Public health Papers at Master level and methodology papers at PhD level), PhD research supervision, research , extra mural projects and other administrative responsibilities as delegated.
2	15 <sup>th</sup> May 2013- 16 <sup>th</sup> June 2017	<b>Assistant Professor</b> , Department of Social Work, School of Social Sciences, <b>Mizoram University</b> , Aizawl 796004, India.	Teaching (social work papers at Master level and methodology papers at MPhil level), M Phil and PhD research supervision and other administrative responsibilities as delegated.
3	15 <sup>th</sup> May 2012 - 14 <sup>th</sup> May 2013	<b>Research Associate, Centre for Labour &amp; Development</b> , Haus Khas, New Delhi-	Handling of a research project and mobilization of wage laborers in the cloth industry. The research

		110075, India	specifically focused on wage issues, health problems and job security aspects. <b>Outcome of the Project</b> - 850 workers were mobilized across different factory outlets and advocacy led to ensuring minimum wages and addressing of occupational health hazards/ issues
4	01 <sup>st</sup> July 2005 - 25. June 2006	<b>Research Assistant,</b> Department of Social Work , <b>Rajagiri College of Social Sciences,</b> Kochi 682018, Kerala.	The two research projects on-adopted children and sexuality of adolescence were completed. The responsibilities included data collection, data entry, analysis and preliminary report development. <b>Outcome of the Project-</b> Report was submitted to CARA, government department that coordinate adoption and training sessions were organised for the service providers.
5	01. January 2005- 30. June 2005	<b>Research Assistant, Datamation Consultants Pvt. Ltd.</b> Kochi, Kerala. Part of the SEE-IV (Sustainability Evaluation Exercise IV) of Jalanidhi.	The field research was carried out in Thrissur and Palakkad districts of Kerala. The responsibilities included data collection, data entry, analysis and preliminary report development.
6	June 2003- July 2004	<b>Academic Volunteer</b> (part-time) (along with Master Programme course), <b>Documentation Unit, Rajagiri out REACH Service Society,</b> Kochi, Kerala.	The responsibilities include development of annual reports, field level mobilization of stakeholders and training of Anganwadi workers.

### Educational Qualifications

Year	Qualification	Institution
February 2008 - February 2012	<b>Ph.D.,</b> Social Sciences in Health,	School of Social Sciences, Jawaharlal Nehru University, New Delhi, India
September 2006 - June 2008	<b>M.Phil</b> (Pre Doctoral Degree), Social Sciences in Health	School of Social Sciences, Jawaharlal Nehru University, New Delhi, India
December 2002-	<b>MSW</b> (Master of	Rajagiri College

December 2004	Social Work)	of Social Sciences, Kalamassery, Mahatma Gandhi University, Kerala, India.
June 1999- May 2002	<b>B.Sc. Chemistry</b>	Sacred Heart College, Thevara, Mahatma Gandhi University, Kerala, India

### Research Interests

- Adolescent Health
- Mental Health
- Informal Economy and Health
- Gender and Health
- Qualitative Methods

### Publications

#### Journal Articles

- Dlamini TN, **Bhat Lekha D**, Kodali NK, Philip NE (2023). Prevalence and factors associated with incomplete immunization among children aged 12 to 35 months in Eswatini: analysis of the Eswatini multiple indicator cluster survey. Pan African Medical Journal. 2023;45(51). 10.11604/pamj.2023.45.51.38643 (**Scopus, IF 0.28**)
- Santy T, Joseph CM & **Bhat Lekha D** (2023). The Need for Mental Health Promotion Among Pregnant Women: A Narrative Review to Strengthen the Agenda, Women's Reproductive Health, DOI: 10.1080/23293691.2023.2202652(**Taylor and Francis**)
- Kodali NK, **Bhat Lekha**, Phillip NE, Koya SF (2023). Prevalence and associated factors of cardiovascular diseases among men and women aged 45 years and above: Analysis of the longitudinal ageing study in India, 2017-2019. Indian Heart Journal. 2023 Jan-Feb;75(1):31-35. doi: 10.1016/j.ihj.2022.12.003. Epub 2022 Dec 19. (**Scopus, IF 1.43, Elsevier**)
- Panneer S, Kantamaneni K, Palaniswamy U, **Bhat Lekha**, Pushparaj RRB, Nayar KR, Soundari Manuel H, Flower FXLL, Rice L. (2022) Health, Economic and Social Development Challenges of the COVID-19 Pandemic: Strategies for Multiple and Interconnected Issues. Healthcare (Basel). Apr 21;10(5):770. doi: 10.3390/healthcare10050770. (**Scopus, IF 2.6, MDPI**).
- Kodali NK, **Bhat Lekha** (2022). Prevalence and Associated Factors of Stroke among Older Adults in India: Analysis of the Longitudinal Aging Study in India-Wave 1 2017-18. Indian Journal of Public Health. Vol 66, Issue 2, April-June, pp 128-135,

- Panneer S, Kantamaneni K, Palaniswamy U, **Bhat Lekha**, Pushparaj RRB, Nayar KR, Manuel HS, Little Flower L, Rice L (2022). Health, Economic and Social Development Challenges of the COVID-19 Pandemic: Strategies for Multiple and Interconnected Issues. *Health Care*. 10, 770. <https://doi.org/10.3390/healthcare10050770> (**Scopus, IF 2.6, MDPI**).
- Kantamaneni K, Sigamani P, Krishnan A, Shekhar S, **Bhat Lekha**, Ashwathy, Rice L (2022). Appraisal of climate change and cyclone trends in Indian coastal states: a systematic approach towards climate action. *Arabian Journal of Geosciences*.15:814. <https://doi.org/10.1007/s12517-022-10076-8> (**IF 1.8, Springer Nature**)
- **Bhat Lekha**, Kandaswamy S, Sumalatha BS, Mohan G and Tatsi OV (2022). Fear, discrimination, and healthcare access during the COVID-19 pandemic: Exploring women domestic workers' lives in India. *Agenda*. Vol 35 Issue 4 <https://doi.org/10.1080/10130950.2021.2046392> (**Taylor and Francis**)
- Kantamaneni K, Sigamani P, Rani S, Palaniswamy U, **Bhat Lekha**, Jimenez-Bescos C, Rice L (2022). Impact of Coastal Disasters on Women in Urban Slums: A New Index. *Sustainability*. 14(6), 3472;<https://doi.org/10.3390/su14063472> (**Scopus, IF 3.2, MDPI**)
- Sigamani P, **Bhat Lekha**, Rice L, Kantamaneni K (2022). The Second Wave of COVID 19 and Beyond: Rural Health Care. *Economic and Political Weekly*. ISSN 0012-9976, Vol LVII. No2, pp 21-24, Jan 8, 2022. (**Scopus ,IF 0.39**)
- **Lekha Bhat**, KR Nayar (2021). Handling Child Birth with Dignity: An Ethnographic enquiry into the Forgone World of Traditional Birth Attendants of Kerala, India. *Indian Anthropologist*. Vol 51 No 1, 63-74. Jan-June 2021
- Sumalatha BS, **Lekha D Bhat**, K.P Chitra (2021). Impact of COVID 19 on Informal Sector: A Study of Women Domestic Workers in India. *The Indian Economic Journal*. July. Vol 69, Issue 3, June 25, 2021, eISSN 2631617X DOI: 10.1177/00194662211023845 (**UGC CARE LIST, Sage**)
- Shaffi SF, Nayar KR, Rao AP, **Bhat Lekha** (2021). Health Achieving Societies: Past Discourses, Present predilections and Possible Future Contradictions. *Journal of Public Health and Primary Care*. 2(1). DOI: 10.4103/jphpc.jphpc\_25\_20 (**Wolters Kluwer - Medknow Publishers**)
- Koya SF, Ebrahim SH, **Bhat Lekha**, Vijayan B, Khan S, Jose SD, Pilakadavath Z, Rajeev P, Azariah JL (2021). COVID 19 and Co-morbidities: Audit of 2000 COVID deaths in India. *Journal of Epidemiology and Global Health*. 11(2):230-232, Epub 2021 Mar 9 <https://doi.org/10.2991/jegh.k.210303.001> (**Scopus, Atlantis Press, IF 2.2**)
- Panneer, Sigamani; Kantamaneni, Komali; Pushparaj, Robert R.B.; Shekhar, Sulochana; **Bhat, Lekha**; Rice, Louis. (2021). "Multistakeholder Participation in Disaster Management—The Case of the COVID-19 Pandemic" *Healthcare* 9, No. 2: 203. <https://doi.org/10.3390/healthcare9020203> (MDPI, IF 1.9)
- Kumar, A, Nayar KR, **Bhat Lekha** (2020). COVID 19 and Children in India. *Child and Adolescent Mental Health*. Vol 25, No 3. 165-166. pp. doi:10.1111/camh.12398 (**Scopus , Willey, IF 1.7**)

- Davis P, Sarasveni M, Krishnan J, **Bhat Lekha** , Kodali N (2020). Knowledge and Attitudes about the Use of Contraception among College Students in Tamil Nadu, India. **Journal of the Egyptian Public Health Association**, 95:1, 2020,ISSN 2090-262X <https://jepha.springeropen.com/articles/10.1186/s42506-019-0030-9> (**Scopus , Springer Open**, IF 01.44)
- **Bhat Lekha**, Nayar KR (2018) Indignities in Institutional Deliveries in Kerala, India: Need for a Monitoring Mechanism, *Health Care Academician Journal*, Vol 5 Issue I , pp.40-46.
- **Bhat Lekha**, Nayar KR (2018), Taxonomy of Human Dignity in Childbirth, *Journal of Health Systems*, Vol III Issue I, pp.23-29.
- Kumar, A. Nayar KR, Shaffi M, Grace C, **Bhat Lekha** (2017) Happy days are “Not” Here! , **Economic and Political Weekly**, ISSN 0012-9976, Vol LII No 19, May 13, pp. 24-27. (**Scopus ,IF 0.39**)
- Grace C, Nayar KR, **Bhat Lekha** , Kumar A, Babu R, Shaffi M. (2016) The “Spittoon Syndrome”. How effective will be Anti-Spitting Initiatives in India, **Economic and Political Weekly**, ISSN 0012-9976, Vol51, Issue 26-27, 25 June pp.25-28. (**Scopus ,IF 0.39**)
- Kumar A, Nayar KR, **Bhat Lekha** (2016) Where is “Public” in the Public Health Discourse? *Journal of Health Systems*, Vol II Issue I , Jan –June 2016, PP. 19-23 .
- **Bhat Lekha**, Nayar KR, Moosan H, Nair S, Shaffi M (2015) Hand Washing and Public Health, **Economic and Political Weekly**, ISSN 0012-9976, Vol, 50, Issue No 48, Nov 28, pp45-46. (**Scopus ,IF 0.39**)
- **Bhat Lekha** (2014) Ethical Issues in Health Care Practice: Reflections from Private Hospitals, Kerala, India, *Social Work Journal*, Volume 5, No 1, June 2014.

### Books

- Panneer S, Little Flower L, Soundari H, **Bhat Lekha**, Sugiirtha T, Kanthameni K Ed (2022). COVID and Climate Change: Development Perspective. Authors Press, New Delhi. ISBN 9789355290830
- **Bhat D Lekha** (2022). Institutional Childbirth and Dignity Deciphered: The Kerala Context. Bloomsbury, Delhi. ISBN 9789354359187

### Book Chapters

- GowriPriya K, **Bhat Lekha** (2023). Nutrition, Lifestyle and Health Status Among Tribal Communities: A Case Study of Particularly Vulnerable Tribal Group of Kerala. In *Sustainable Health Through Food, Nutrition, and Life Style*. Ed Aakriti Grover, Anju Singh, R. B. Singh. ISBN 978-981-19-7232-4. Springer. <https://link.springer.com/book/10.1007/978-981-19-7230-0?sap-outbound-id=A1A8A3555646ECB67E938D41978B1951DD992BD4>

- Nayar, K.R., **Bhat Lekha**, Vijayan, B., Rejeesh, K. (2023). Health and Well-Being of Nonagenarian Persons in Kerala. In: Handbook of Aging, Health, and Public Policy. Ed Irudaya Rajan. Springer, Singapore. [https://doi.org/10.1007/978-981-16-1914-4\\_120-1](https://doi.org/10.1007/978-981-16-1914-4_120-1)
- **Bhat Lekha**, Nayar KR, George S, Rao A, Lordson J, Devi NA, Chowdhury S, Shaffi M, Vijayan B, Prajwal N (2022). Livelihood, employment and health of migrant workers in the context of COVID-19 pandemic. In India Migration Report 2021 Migrants and Health. Ed Irudaya Rajan. ISBN 9781003287667, Routledge India. <https://www.taylorfrancis.com/books/edit/10.4324/9781003287667/india-migration-report-2021-irudaya-rajan>
- Panneer S, **Bhat Lekha**, LittleFlower L and Soundari H (2022). COVID 19, Climate Change and Growing Inequality: The Emerging Paradigm Shift in Helping Profession. In Panneer S et al (Ed) COVID 19 and Climate Change : Development Perspective. Authors Press. New Delhi. ISBN 9789355290830
- Sigamani P, **Lekha Bhat**, Udaya Kumar, Komali K (2021). Beyond the COVID 19 crisis and Global Health Diplomacy. In Urban Health: Emerging Public Health Perspectives. Ed Fernandes E and Grewal I. Global South Strategies. Mangalore. ISBN: 9788195336418
- **Lekha Bhat** , Naveen Kumar (2021). Livelihood, Employment and Health in the Context of COVID 19 pandemic: A Qualitative study in Kerala and Tamil Nadu. In Anish KR, S Sunil, G George, S M Sakaria (Ed). COVID 19 and Migrant Health. Clever Fox Publishers. Chennai. ISBN: 9789391537258
- **Lekha Bhat**, Kesavan R Nayar, Sigamani Panneer (2021). A Woman's Right to Dignified Health Care during Child Birth: Rights-Based Approach. In Pasant Kumar Panda, Sigamani Panneer , Chittaranjan Subudhi. Maternal and Child Health Care in India. Bloomsbury, New Delhi. ISBN : 9354353673
- **Lekha D Bhat** (2021). Re-examining Values and Principles of Social Work for Inclusiveness in Social Work Education. In Ashvini Kumar Singh and Ushvinder Kaur Popli (Editors). Contemporary Areas of Social Work Practice in India. Bloomsbury. New Delhi. ISBN 9389351898
- Nayar KR, Prasad M Gopal, **Bhat Lekha** (2019). Emerging diseases and evolving popular health orientation in Kerala: Towards "syncretic holism". In Susan Vishwanathan and Vineetha Meneon (Eds.). Chronology and Events: The Sociological Landscape of Changing Concepts". Winshield Press: New Delhi. ISBN: 9788193427378
- **Bhat Lekha** (2019). "Obstetric Mistreatment, Dignity of Women and Maternal Mental Health: A Preliminary Review" in "Health and Wellbeing in a Multi-Sectoral Perspective; Recent Trends, Challenges and Opportunities" edited by Mamman, J. C., Vithya V., Neethu P. S & Panner, S . Bloomsbury; New Delhi (ISBN No: 9789388134996).
- Nayar KR, **Bhat Lekha** (2014) Social Determinants of Maternal and Child Health in India: Macro-Micro Disjunctions' in Maternal Health in India Contemporary Issues and Challenges, Ed. Mohamad Akram, Rawat Publishers, 2014. ISBN 813160652X
- **Bhat Lekha** (2015) Community based Water Projects, Withering Justice and Environment Protection: A Case study from Kerala in Climate Change and Socio-Ecological

Transformation, Sati VP et al (Ed), Today's and Tomorrow's Printers and Publishers, New Delhi, ISBN No. 818019.

- **Bhat Lekha (2014)** Participatory Water Projects Brining in Unequal Burden: Women's Experiences from Kerala. In Management of Natural Resources for Sustainable Development : Challenges and Opportunities . Ed Sati VP et al Published by Mizoram University Department of Geography ISBN NO. 9789382880950.

### Research Letters

- RE: COVID 19 Second Wave-Rural India. Panneer S, **Bhat Lekha** & Kantameni K , 13<sup>th</sup> May **2021**; In: Science, 372, 6542, pp552-553, Research Output Contribution to Journal - Letter
- RE: Delta Variant Triggers New Phase in the Pandemic. **Bhat Lekha**, Panneer S and Kantameni K, 25<sup>th</sup> **June 2021**; In: Science, 372,6549, pp 1375-1376, Research Output Contribution to Journal- Letter
- Nayar KR, Chowdhury S, Rao A, Kumar A, **Bhat Lekha (2020)**. The New Body Politics. Economic Political Weekly. ISSN 0012-9976, Vol 55, Issue 37, 12 Sep 2020 (IF 0.31) Research Output Contribution to Journal -Letter

### Working Papers

- **Bhat Lekha (2014)** Locating Indigenous Systems of Medicine in Public Health Care in India, Working Paper Series , Shantigiri Social Research Institute, Thiruvananthapuram, 2014, ISSN 2348-1781.

### E-Resources/ Contribution to Distant Education/ IEC

BA Anthropology Course, IGNOU the following Units are Contributed:

- Unit 5: Influence of Social factors on health and illness, Accessible as <http://egyankosh.ac.in/handle/123456789/71445>
- Unit 6: Theory and Methods of Public Health <http://egyankosh.ac.in/handle/123456789/71446>
- Unit 7: Management of Health Care Programmes by Indian Government and NGOs <http://egyankosh.ac.in/handle/123456789/71447>
- Psychological, Behavioral and Social Issues in Public Health and Management <http://egyankosh.ac.in/handle/123456789/71444>

## Paper Presentations

- ✓ Lekha Bhat, Theres Santy and Mamman Joseph (2022). Attending Maternal Mental health Crisis: Opportunities Unfolded. 12<sup>th</sup> InSPA International Conference on “Meeting the Challenges in Schools: Towards Athmanirbhar Bharat” Organised by Pondicherry University on 02-04 October 2022.
- ✓ Lekha Bhat, Sumalatha BS, Chitra KP (2022). Impact of COVID 19 on Child Health. In National Webinar “Issues and Challenges of Children from Marginalised Communities during COID 19 pandemic in India”, Organised by Tata Institute of Social Sciences, Mumbai on 21-23 Jan 2022.
- ✓ Lekha Bhat, Naveen Kumar K (2021). Migrant Workers and the Pandemic: A Multi-State Qualitative Exploration in India. In Conference on Migration, Health and Sustainable Development Goals: Perspectives, Challenges, Solutions and Policies, Organised by Rajagiri College of Social Sciences, Kerala on 19-20<sup>th</sup> April 2021.
- ✓ Lekha Bhat, Sumalatha BS (2021). Impact of COVID 19 on Adolescent Health: Preliminary Evidences from Kerala. In IIPS International Seminar 2021 on Pandemic and Population Dynamics, Organized by IIPS, Mumbai on 18-20<sup>th</sup> March 2021.
- ✓ Lekha Bhat, Sigamani Panneer (2021). Pandemic, Climate Change and Growing Inequality: The Emerging Paradigm Shifts in Helping Professions. In National Webinar DYUTI 2021, Response to the COVID 19 Pandemic: Social Work Engagements and Challenges, Organised by Rajagiri College of Social Sciences on 25<sup>th</sup> -26<sup>th</sup> Feb 2021.
- ✓ Lekha Bhat, Sumalatha BS, Chitra KP (2021). Domestic Workers during COVID 19 Context: An Analysis from Dignity and Human Rights Perspective. In International Webinar on Women and Development on 12-13<sup>th</sup> Feb 2021 organized by Dept of Economics, Kerala University, Kerala.
- ✓ Lekha Bhat (2018) Re-examining Values and Ethics for Inclusiveness in Social Work Education at National Conference on Indigenous Social Work : Challenges, Responses and Way Forward dates 16<sup>th</sup> and 17<sup>th</sup> Nov 2018, organized by Jamia Milia Islamia, New Delhi.
- ✓ Lekha Bhat (2018). “Re-examining Values and Ethics for Inclusiveness in Social Work Education” at National Conference on “Re-imaging Social Work Education in the Outcome Based Perspectives and Practices” dates 5th and 6th January 2018, organized by Rajagiri College of Social Sciences and ICSSR.
- ✓ Lekha Bhat (2018) Maternal Mental Health: A Preliminary Review with Special Focus on Developing Countries at National Conference on “Health and Well-Being in a Multi Sectoral Perspective: Recent Trends, Challenges and Opportunities” dates 27th feb 2018, organized by Department of Applied Psychology, Central University of TamilNadu.
- ✓ Lekha Bhat (2018) “Safe” but “Human Dignity” is Compromised? Women’s Experiences with Institutional Child Births in Kerala, India. At National Conference on Modernisation



and Suitable Social Policy-Challenges, Prospects and Strategies dates 14-15th February 2018 organized by Department of Social Work, Central University of Tamil Nadu.

- ✓ Lekha Bhat (2015) Paper titled Medical Ethics in Practice: Reflections from Kerala at the National Seminar on Theorizing Ethics: Prospectus and Challenges, Organised by Shri Kerala Verma College on 20.01.2015 with UGC financial aid.
- ✓ Lekha Bhat (2014) Paper titled “ Participatory Water Projects Bringing in Unequal burden on women: A Case Study of Women in Rural Kerala” at National Seminar on Management of Natural Resources for Sustainable Development, Mizoram University, Supported by ICSSR and UGC 6-7<sup>th</sup> march 2014.
- ✓ Lekha Bhat (2013) Paper titled “Social Work Education in North East: Concerns and Challenges” at National Seminar on Inclusive Development Bridging the Gap, St Edmunds College. 7<sup>th</sup> and 8<sup>th</sup> June 2013.
- ✓ Lekha Bhat (2006) Paper titled “Waste Management Projects with Special Reference to NGO Quarters, Trikkakara” at Rajagiri College of Social Sciences, Kerala.

### Invited Talks/ Lectures

- ✓ Lekha Bhat (2022). Guest faculty for lecture series on Medical Anthropology at the Global Institute of Public Health, Trivandrum on 12<sup>th</sup> to 14<sup>th</sup> Dec 2022
- ✓ Lekha Bhat (2022). Resource Person an Invited talk on English in Academic Writing: A Special Session for Social Sciences in Short term Course on Academic and Research Report Writing, Organised by National College (Autonomous), Thiruchirappally, Tamil Nadu on 3<sup>rd</sup> Jan 2022.
- ✓ Lekha Bhat (2021). Delivered a Key note address on Social Work and Public Health – Possibilities and Practices during the pandemic’Kerala Social Work Congress 2021 International Conference on Social Work and Public Health: Possibilities and practices during the pandemic jointly organised by KAPS, Vimala College, Thrissur and St. Thomas College, Thrissur Kerala on 20 – 21<sup>st</sup> December 2021.
- ✓ Lekha Bhat (2021). Delivered an invited talk on “Health System Management and its role in Public Health” on 20<sup>th</sup> Nov 2021 at the Department of Social Work, Jamia Milia Islamia, Delhi.
- ✓ Lekha Bhat (2021). Delivered an invited talk on “Social Work and Public Health: Possibilities in Kerala”. Organised by Rajagiri College of Social Sciences, Kerala on 18 Nov 2021.
- ✓ Lekha Bhat (2021). Delivered an invited talk on “Health System Management”, on 5<sup>th</sup> Feb 2021 at the Department of Social Work, Jamia Milia Islamia, Delhi
- ✓ Lekha Bhat (2020). Delivered an invited talk on “Social Work and Health”, Department of Social Work, Central University of Tamil Nadu on 10<sup>th</sup> Nov 2020.

- ✓ Lekha Bhat (2020). Guest faculty for lecture series on Medical Anthropology at the Global Institute of Public Health, Trivandrum on 4<sup>th</sup>,6<sup>th</sup>,8<sup>th</sup>, 11<sup>th</sup>,13<sup>th</sup>, 19<sup>th</sup>, and 27<sup>th</sup> Aug 2020.
- ✓ Lekha Bhat (2020), Delivered a key note address on “Pandemics, Climate Change and Growing Inequality: Paradigm Shifts in Helping Profession” in An International Virtual Symposium Jointly Organised by Dept of Social Work CUTN, Dept of Soc Work, Bharatiyar Univ and Gandhigram Rural Institute on 28<sup>th</sup> Aug 2020.
- ✓ Lekha Bhat (2019) Co-Chaired a session on “Contribution of Religion in Nation Building”. At National Conference cum Symposium on Interfaith Dialogue on Communal Harmony and National Integration. Organised by Department of Social Work, Central University of Tamil Nadu, Thiruvavur on 15-16 Oct 2019.
- ✓ Lekha Bhat (2019) Delivered an invited talk on “Anthropology and Public Health” at Global Institute of Public Health, Ananthapuri Group of Hospitals and Research Institutes, Trivandrum on 23rd November 2019.
- ✓ Lekha Bhat (2019) Delivered an invited talk on “Gender perspective and public health in India” at Global Institute of Public Health, Ananthapuri Group of Hospitals and Research Institutes, Trivandrum on 3rd October 2018.
- ✓ Lekha Bhat (2018) Delivered an invited talk on “Gender and Health” at HRDC, Calicut University, (for Orientation Course) on 17th September 2018.
- ✓ Lekha Bhat (2018) Delivered an invited talk on “Career Prospects in Social Science Research” for PhD Students in the Department of Social Work, CUTN on 22nd Sep 2018.
- ✓ Lekha Bhat (2018) Co-Chaired a Session on Mental Health and Well-Being at National Conference on “Health and Well-Being in a Multi Sectoral Perspective: Recent Trends, Challenges and Opportunities” dates 27th Feb. 2018, Organized by Department of Applied Psychology, Central University of Tamil Nadu.
- ✓ Lekha Bhat (2018) Co-Chaired a Session on Policy Framework and Development. At National Conference on Modernization and Suitable Social Policy-Challenges, Prospects and Strategies dates 14-15th February 2018. Organized by Department of Social Work, Central University of Tamil Nadu.
- ✓ Lekha Bhat (2017) Delivered an invited talk on “Personality Enrichment” for MA Applied Psychology Students of Dept of Applied Psychology, CUTN on 31.07.2017.
- ✓ Lekha Bhat (2017) Delivered an invited talk on “Social Work Research and Job Opportunities” for PhD Students, Department of Social Work, CUTN on 27th July 2017.
- ✓ Lekha Bhat (2017) Delivered an invited talk on “Understanding Environment” during Training of Trainers on Environment and Sustainable Development for NSS Programme Officers in North east India Organised by Mizoram University and Rajiv Gandhi National Institute of Youth Development on 4-8<sup>th</sup> April 2017.

- ✓ Lekha Bhat (2013) Delivered an invited talk on “Bioethics in Child Birth in India” at National Seminar on Inclusive Development Bridging the Gap, St Edmunds College, June 2013.

### Collaboration with Other Organisations

- Guest Faculty, Global Institute of Public Health, Trivandrum, May 2022 till date (Affiliated to Kerala University of Health Sciences).
- Committee Member, for selection of Doctoral and Post-Doctoral Fellowships, 3<sup>rd</sup> Stage Screening Committee, Dec 2020, DAIC, Ministry of Social Justice and Empowerment, Gov of India.
- External Examiner, Viva Vocee, Master of Public Health Exam (second year) (December 2019) at Global Institute of Public Health, affiliated to Kerala University of Health Sciences, Thrissur, Kerala
- Expert Panel Member, COVID 19 Indian Fights Back Show Various Episodes, Rajya Sabha TV, Gov of India.
- External Examiner (PhD Thesis), Bharatiyar University, Coimbatore, Tamil Nadu.
- External Exam Evaluator, IGNOU Regional Centre, Bhuvaneshwar.

### Research Projects

1. ‘Domestic Workers in South India and North East: A Situational Analysis from Dignity and Rights perspective’ (Major Research Project , Ongoing) Funding Agency, NHRC – Role PI.
2. Depression among Adolescents: Development of a Risk Assessment tool using Multi-Disciplinary Cross-Cultural Approach” (Major Research Project, Ongoing). Funding Agency ICSSR -Role PI.
3. Changes in Pay Disparity, Physical Health, Psychosomatic Distress, and Anxiety among Female Laborers of Unorganized Sector during COVID 19 Pandemic Period in Selected Southern Indian States. Funding Agency National Commission for Women. Role Co-PI.

### Research Guidance

#### PhD (Registered Candidates, Research on going)

- Naveen Kumar Kodali (Reg No R181501). Cardiovascular Diseases among Young Adults in Andra Pradesh. (December 2018- till date), Dept of EPH, Central University of Tamil Nadu, Thiruvavarur.
- Neenumol Babu (Reg No R191503) . Homeless People in Kerala and Health (May 2019- till date), Dept of EPH, Central University of Tamil Nadu, Thiruvavarur.

## M.Sc Dissertations

- ✓
- ✓ Heeraa M (P191507, May 2021). Knowledge, Attitude, Practice and Adolescent-Parent Communication Regarding Polycystic Ovarian Syndrome Among Rural Adolescents in Puducherry. Dept of EPH, Central University of Tamil Nadu, Thiruvarur
- ✓ Nanda Jayakumar (P151912, May 2021). COVID 19 Pandemic and Female Health Workers : A Case Study of Mothers with Focus on Health, Well-being, and Social Support. Dept of EPH, Central University of Tamil Nadu, Thiruvarur
- ✓ Sreekutty U (P151916, May 2021). Health Status and Health Care Access for Transgenders: A Study with Special Reference to Kerala. Dept of EPH, Central University of Tamil Nadu, Thiruvarur
- ✓ GowriPriya K (P151906, May 2021). Nutritional Status and Its Determinants Among Kattunayakans-A Particularly Vulnerable Tribal Group in Wayanad District of Kerala. Dept of EPH, Central University of Tamil Nadu, Thiruvarur
- ✓ Priyangshu Sagar Dehingia(R181510, May 2020). Psycho-Social and Economic Impact of Pregnancy amongst Adolescent Girls from Tea Garden Communities of Shivasagar District , Assam, Dept of EPH, Central University of Tamil Nadu, Thiruvarur
- ✓ Dhanyashree S (R181502, May 2020) Magnitude of Mosquito Borne Diseases in Thiruvananthapuram District, Dept of EPH, Central University of Tamil Nadu, Thiruvarur
- ✓ Hariprasad (R181507, May 2020) . Knowledge and Attitude On Organ Donation in Rural Areas of Kasargod District, Kerala, Dept of EPH, Central University of Tamil Nadu, Thiruvarur
- ✓ Kavya Krishnan (R 181508, May 2020) Prevalence and Risk Factors of Post Partum Depression in a Secondary Care Hospital in Kasargod District, Kerala , Dept of EPH, Central University of Tamil Nadu, Thiruvarur
- ✓ Sneha Joseph (R171505, May 2019) Polycystic Ovarian Syndrome: Exploring Knowledge and Practices of College Attending Females of BCM College, Kottayam Kerala, Dept of EPH, Central University of Tamil Nadu, Thiruvarur .
- ✓ Sujitha S (R171506, May 2019) Knowledge, Attitude and Practice of menstruation and Menstrual Hygiene among College attending Adolescents : A Cross Sectional Study from Namakkal District of Tamil Nadu, Dept of EPH, Central University of Tamil Nadu, Thiruvarur
- ✓ Sandya Devi (Reg No P161507, May 2018) A Study on the Availability and Accessibility of Essential Drugs in Selected Primary Health Centre and its Sub Centres in Thiruvarur. Dept of EPH, Central University of Tamil Nadu, Thiruvarur

- ✓ Santhosh Kumar (R No 161509, May 2018 )A Study of Integrated Child Development Services (ICDS) Schemes and Programme in Thiruvarur District, TamilNadu, Dept of EPH, Central University of Tamil Nadu, Thiruvarur

### **Administrative Responsibilities**

- Associate NCC Officer (March 2020- till date) ,5<sup>th</sup> and 6<sup>th</sup> Battalion of (P) INDEP COY which is affiliated to Central University of Tamil Nadu, Thiruvarur
- Care Taker Officer NCC (March 2020- till date) ,5<sup>th</sup> and 6<sup>th</sup> Battalion of (P) INDEP COY which is affiliated to Central University of Tamil Nadu, Thiruvarur
- Warden, MRSH and NMRSH Hostels (Girls), Central University of Tamil Nadu, (18.7 2017- 12<sup>th</sup> Dec 2019)
- Member, Board of Studies, Department of Epidemiology and Public Health, Central University of Tamil Nadu (15<sup>th</sup> Oct 2018- till date)
- Member, Research Advisory Committee, Dept of Social Work, Central University of Tamil Nadu (Sep 2019-till date)
- Member, Research Advisory Committee, Dept of Psychology, Central University of Tamil Nadu (June 2020- till date)
- Member, Research Advisory Committee, Dept of Geography, Central University of Tamil Nadu (April 2021-till date)
- Member, Purchase Committee, Dept of Epidemiology and Public Health, Central University of Tamil Nadu, Thiruvarur (July 2018- till date)
- Editor of Department News Letter, Department of EPH for Sep-Oct 2021 issue Vol 1 Issue 2
- Editor of Department News Letter, Department of EPH for Jan- June 2020 Vol 1 Issue 4
- Department Counselor (July 2017- till date), Dept of EPH, Central University of Tamil Nadu, Thiruvarur
- In Charge, Computer Lab, Department of EPH, Central University of Tamil Nadu, Thiruvarur (Jan 2018- till date)
- Gender Representative (2018- till date) Dept of EPH, Central University of Tamil Nadu, Thiruvarur
- Member, International Students and Scholar's Admission Committee (2019-20), Central University of Tamil Nadu, Thiruvarur
- Member, International Students and Scholar's Admission Committee (2020-21), Central University of Tamil Nadu, Thiruvarur
- Teacher in Charge (2017-19) Batch, Department of EPH, Central University of Tamil Nadu, Thiruvarur
- Teacher in Charge (2019-21) batch, Department of EPH, Central University of Tamil Nadu, Thiruvarur
- Field Visit In-charge (2017 till date) Department of EPH, Central University of Tamil Nadu, Thiruvarur

- Member, Security Committee (2019), Fifth Convocation of CUTN, Central University of Tamil Nadu, Thiruvarur
- Member, Decoration Committee (2018), Fourth Convocation of CUTN, Central University of Tamil Nadu, Thiruvarur
- Member, Protocol Committee (2017), Third Convocation of CUTN, Central University of Tamil Nadu, Thiruvarur
- Member (2017), Sub-Committee on Infrastructure and Learning Resources, Committee on Vision Mission Document of Central University of Tamil Nadu, Thiruvarur
- Warden (Sep 2016- June 2017), Senhri Hostel, Mizoram University, Aizawl
- Member, Board of Studies, School of Social Sciences, Mizoram University 2014-2016.
- Assistant Field Work Coordinator July 2013 to April 2014, Department of Social Work, Mizoram University.
- Assistant Coordinator – Study Tour 2013 and Rural Camp 2014, Department of Social Work, Mizoram University.
- Student Academic Advisor 2014, Department of Social Work, Mizoram University.
- Examination paper Setter (2013-2017) –BSW courses and MSW Courses, for Mizoram University
- Verification/ Identification Officer (2017) -University Entrance Examinations, Mizoram University

### **Programmes/ Workshops/ Conferences/ Talks (Organised)**

#### **RECENT**

- ✓ Organising Secretary, One day Awareness Programme on Cancer followed by Medical Camp, Organised by Dept of EPH, CUTN on 7<sup>th</sup> November 2022.
- ✓ Organising Secretary, Invited Lecture on Health as a Right: An International Perspective Organized by Dept of EPH, CUTN on 6<sup>th</sup> July 2021 on Google Meet Platform.
- ✓ Organizing Secretary, Invited Lecture on Epidemiology and Health Care System Organized by Dept of EPH, CUTN on 1<sup>st</sup> July 2021 on Google Meet Platform
- ✓ Organizing Secretary, Invited Lecture on health law and Policy: Regulations and Practices Organized by Dept of EPH, CUTN on 29<sup>th</sup> June 2021 on Google Meet Platform
- ✓ Organising Secretary, Webinar on Motivation and Leadership for youth, organized by NCC Office, CUTN on 23<sup>rd</sup> August 2020 on Google Meet Platform
- ✓ Organising Secretary, Webinar on Civil Services: Prospectus and Preparation organized by NCC office on 29<sup>th</sup> August 2020 on Google Meet Platform
- ✓ Organising Secretary, Webinar on Career Opportunities in Armed Forces, organized by NCC Office on 8<sup>th</sup> Sep 2020 on Google Meet Platform
- ✓ One Day National Webinar on “Community Public Health in COVID 19” on 28<sup>th</sup> July 2020 on Google Meet platform.
- ✓ Organising Secretary, two-day hands-on Training on Epi Info organized by Dept of EPH, CUTN on 27-28 Jan 2020
- ✓ Organizing Secretary, Two Days Workshop on Research Methodology and Statistics, organized by Dept of EPH, CUTN on 1<sup>st</sup> and 2<sup>nd</sup> Nov 2019.
- ✓ Organizing Secretary, Kargil Vijay Diwas, NCC Unit, Central University of Tamil Nadu on 26.07.2019
- ✓ Programme Coordinator, Special Lecture – SPARSH “Awareness Program on Women Health Issues” held on 22 nd Feb 2018
- ✓ Organising Committee Member, Two-day Spring School Symposium on Recent Trends in Biological Sciences, on 07 March -08 March 2018.

- ✓ Organizing Secretary, NCC Inauguration at Central University of Tamil Nadu, 3rd Dec 2018.
- ✓ Organizing Secretary, three-day Hands-on training on “Data Management & Statistical Analysis using EpiInfo™ 7” on 23 rd Jan 2018 to 25 Jan 2018.
- ✓ Organising Secretary, three-day special lecture on “Epidemiology – RCH program and Bio-statistics” held on 28 th Aug 2017 to 30 th Aug 2017.

### **OLDER**

- ✓ Coordinated a session on “Environmental Sustainability Plans Ahead” on 6th April 2017 in a national one-week workshop “Training of Trainers on Environment sustainability and Development” Organized jointly by Mizoram University and Rajiv Gandhi National Institute of Youth Development.
- ✓ Coordinated One day Workshop on Decent Work for Domestic Workers on 19th April 2017 Organized jointly by Department of Social Work Mizoram University and Centre for Development Initiatives

### **Courses Taught**

#### **Department of Epidemiology and Public Health**

##### **MSC Epidemiology and Public Health (June 2017- till date)**

- ✓ Principles & Practices of Public Health (EPH-S1-01)– 4 Credits
- ✓ Determinants of Health (EPH-S1-02) – 3 Credits
- ✓ Public Health Ethics (EPH-S1-06) – 3 Credits
- ✓ Health Policy, Programmes and Legislation (EPH-S3-12)– 4 Credits
- ✓ Dissertation Protocol(EPH-S3-16)3 Credits
- ✓ Research Methodology for Public Health (EPH-S2-09) -3 credits
- ✓ Dissertation (EPH-S4-18)

##### **PhD In Epidemiology and Public Health (May 2018-till date)**

- ✓ Principle and Practices of Public Health (EPH-P1-01)- 3 Credits
- ✓ Research Methodology (EPH-P2-03)
- ✓ Health Psychology and Counseling (EPH-P2-06)
- ✓ Gender and Health (EPH-P2-07)

#### **Department of Social Work, Mizoram University (May 2013- June 2017)**

- ✓ Foundations of Social Work
- ✓ Urban Development
- ✓ Health and Mental Health in Social Work Practice
- ✓ Working With Communities

### **Action Research Consultancies**

- Research Consultant, Department of Social Work, Vimala College, Kerala, Worked on UGC sponsored projects on “Pedagogical Interventions in Sex and Sexuality among Adolescents. (July 2009 to June 2012).

- Research Consultant, Centre for Legislative Research and Advocacy, Delhi. (January 2013 –July 2013).

### Workshops and Academic short Term Training Programmes

- Faculty Development Programme on Teaching Learning Methods: From Micro Teaching to Peer Learning (7 days) Organised by Teaching Learning Centre, Ramanujam College, Delhi on 11-17 June 2022
- Faculty Development Programme on Academic Research Writing (7 days) Organised by Teaching Learning Centre, Ramanujam College, Delhi on 04-10 June 2022
- Faculty Development Programme on How to Create Your Own MOOCS (7 days) Organised by Teaching Learning Centre, Ramanujam College, Delhi on 28 May -03 June 2022
- Faculty Development Programme on Blended Learning: Concepts and Tools (7 days), Organised by Teaching Learning Centre, Ramanujam College, Delhi on 21-27 May 2022
- Faculty Development Programme On Research Methodology (7 days), Organised by Mahatma Hansraj Faculty Development Centre, Delhi on 18<sup>th</sup> to 24<sup>th</sup> April 2022.
- Faculty Development Programme on Transdisciplinary Research, (3 days) Organized by Central University of Tamil Nadu, Solent University UK, Bharatiar University and Gandhigram Rural Institute on 8-10<sup>th</sup> March 2021.
- PRCN Training (Three Months), NCC Officers Training Academy, Gwalior (16<sup>th</sup> Dec 2019-14<sup>th</sup> March 2020)
- Refresher Programme for Faculty (21 days) –Sponsored by UGC and conducted by Academic Staff College, Lucknow University, Lucknow. December 2016
- Orientation Programme for Faculty (30 days) – Sponsored by UGC and conducted by Academic Staff College, Mizoram University, Aizawl. March 2014.
- International Summer School Programme on Contextualising Social Determinants of Health, (5 days) Supported by DAAD and Bielefeld University and JNU 2012.

### Non -Academic Writings and Media Appearances

- Unknown Virus Behaviour, an unsteady behaviour, and community masking: A Public Health Challenge. <https://countercurrents.org/2020/06/unknown-virus-behaviour-an-unsteady-human-behaviour-and-community-masking-a-public-health-challenge/> 11 June 2020.
- [https://papers.ssrn.com/sol3/papers.cfm?abstract\\_id=3694271](https://papers.ssrn.com/sol3/papers.cfm?abstract_id=3694271)
- Study on Domestic Workers published in Indian Economic Journal, covered by the Hindu, on 29<sup>th</sup> June 2021. Available at <https://www.thehindu.com/news/national/kerala/pandemic-hit-domestic-workers-hard-study/article35030604.ece>
- Expert Panel Member, On TV Show Perspective : Vaccinating Young India, Sansad TV , on 17<sup>th</sup> March 2022, available at <https://www.youtube.com/watch?v=jt7sc7pMskk>
- Expert Panel member, on TV Show India Fights Back: Booster Dose of Vaccine, Rajya Sabha TV, on 29<sup>th</sup> June 2021, available at <https://www.youtube.com/watch?v=2B8IbBl-D7Y>
- Expert Panel Member, India Development Debate, COVID 19 and New Variants, on ETNOW, on 22 June 2021, available at [https://www.youtube.com/watch?v=4tR\\_XfCQLno](https://www.youtube.com/watch?v=4tR_XfCQLno)



- Expert Panel member, on TV show The Big Picture: COVID Lockdown: Strategy for relaxing Norms, on Rajya Sabha TV, on 28<sup>th</sup> May 2021 available at <https://www.youtube.com/watch?v=IxecqkBp9Ds>
- Public Health Expert Representing India, on BBC News, COVID Crisis in India, on 3<sup>rd</sup> May 2021 available at <https://we.tl/t-6rRTMJDXb0>
- Expert Panel Member, on TV show India Fights Back: COVID and Children, Rajya Sabha TV, on 15<sup>th</sup> Sep 2020 available at <https://www.youtube.com/watch?v=apQ4YmvWYjE>
- Expert Panel Member, on TV Show India Fights Back: Recovered Patients: How Long Does Immunity Lasts?, Rajya Sabha TV, On Nov 25<sup>th</sup> 2020 available at <https://www.youtube.com/watch?v=hgSGQCcny7A>
- Expert Panel Member, on TV Show India Fights Back: Transmission of COVID 19 through Children , Rajya Sabha TV, on Nov 3<sup>rd</sup> 2020 available at <https://www.youtube.com/watch?v=UNv4qu3YUw8&t=81s>
- Expert Panel Member, on TV Show India Fights Back: Challenges for Vaccination drive, Rajya Sabha TV on 15<sup>th</sup> Feb 2021 available at [https://www.youtube.com/watch?v=0DkDl\\_yDpng&t=199s](https://www.youtube.com/watch?v=0DkDl_yDpng&t=199s)
- Multistakeholder Participation in Disaster Management. Contribution to Encyclopedia of MDPI. March 2021. <https://encyclopedia.pub/9117>

### Journal Reviewer

- Sexual and Reproductive Health Matters (Taylor and Francis)
- Brain and Behavior (Wiley)
- Indian Journal of Public Health (Wolters Kluwer)
- BMC Public Health
- Humanities and Social Sciences Communications

### Software Skills

- SPSS, MS Excel and NVivo for Research.
- Canva, Prezi, MS PPT and Quizizz for Teaching
- MS Office Word and Internet

### Honours and Awards

- ✓ DG NCC Plaque of Honor and the Commandant's Gold Medal for First in Order of Merit, PRCN Course for NCC Officers, OTA Gwalior (16<sup>th</sup> Dec 2019-14<sup>th</sup> March 2020)
- ✓ DG NCC Trophy for Overall Best ANO of the Course at , PRCN Course for NCC Officers , OTA Gwalior (16<sup>th</sup> Dec 2019-14<sup>th</sup> March 2020)
- ✓ Sharma Cup for Best in Academics , PRCN Course for NCC Officers, O TA Gwalior (16<sup>th</sup> Dec 2019-14<sup>th</sup> March 2020)
- ✓ Qualified for SRF in Social Work Aug 2008-Aug 2012
- ✓ Qualified JRF of UGC 2005 (Social Work)

- ✓ Qualified UGC NET in 2005 (Social Work)
- ✓ Third Position in Master's Programme at the University level (Mahatma Gandhi University, MSW Dec 2005)
- ✓ First Position in MPhil Programme at JNU (2006-2008 Batch) , Centre of Social Medicine and Community Health , JNU
- ✓ Meritorious Scholarship during B Sc Chemistry Study Duration , Sacred Heart College, Thevara, Kochi

### **Personal Information**

Nationality: India

Date of Birth: 25/12

Sex: Female

Marital Status: Married

Languages Known: English, Hindi, Malayalam, Konkani and Tamil

Hobbies: Travelling, Fitness Maintenance and Bharatnatyam Dance

### **References**

On Request