

Curriculum Vitae

Mamman Joseph C Ph.D.

Associate Professor

Department of Applied Psychology

School of Behavioural Sciences

Central University of Tamil Nadu, Thiruvavur

Tamil Nadu, India

Email: mammanjoseph@cutn.ac.in

Mobile: +91 9035758363



EDUCATION

1. **Ph.D. in Psychology**, School of Behavioural Sciences, Mahatma Gandhi University, Kottayam, Kerala, India.
Ph.D. Thesis: "Marital Adjustment among IT Professionals in Kerala".
 2. **M.Phil. Psychology**, Dept. of Psychology, Annamalai University, Tamil Nadu, India. **CGPA 8.03/10.**
Dissertation: Anti-Retroviral Therapy Adherence among HIV/AIDS patients.
 3. **M.Sc. Applied Psychology**, Dept. of Psychology, Annamalai University.
First rank, **CGPA 7.86/10.**
 4. **Master's Diploma in Counselling Psychology**, School of Behavioural Sciences, Mahatma Gandhi University. **CGPA 8.03/10.**
 5. **M. Sc. Health and Behavioural Sciences**, School of Behavioural Sciences, Mahatma Gandhi University. **Percentage: 63**
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AWARDS & ACHIEVEMENTS

1. **First Rank** in M.Sc. Applied Psychology, Annamalai University.
 2. **UGC-NET** in Psychology
 3. Psychology research prize for the best research project in M.Sc. Applied Psychology, Annamalai University.
 4. Hon'ble Sri Manikkavelu Logic Prize for securing the highest marks in M.Sc. Applied Psychology, Annamalai University.
 5. Sri. Venkataratnam Naidu Prize for securing the highest marks in M.Sc. Applied Psychology, Annamalai University.
 6. His Excellency John Kenneth Galbraith Prize for securing the highest marks in M.Sc. Applied Psychology, Annamalai University.
 7. Hon'ble Mr. Justice K. Veerasami Prize for securing the highest marks in M.Sc. Applied Psychology, Annamalai University.
 8. Hon'ble Shri. C. Subramanian Prize for securing the highest marks in M.Sc. Applied Psychology, Annamalai University.
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TEACHING EXPERIENCE

1. Associate Professor, Department of Applied Psychology, Central University of Tamil Nadu, Thiruvarur, Tamil Nadu, India, since 2nd November 2022.
 2. Assistant Professor, Department of Applied Psychology, Central University of Tamil Nadu, Thiruvarur, Tamil Nadu, India, 4th August 2017 to 2nd November 2022.
 3. Assistant Professor, Department of Psychology, Central University of Karnataka, Gulbarga, Karnataka, India, 13th February 2012 to 3rd August 2017.
 4. Lecturer (Contract), Inter University Centre for Disability Studies (IUCDS), Mahatma Gandhi University, Kerala, India, 2011-2012.
 5. Lecturer, (Contract), School of Behavioural Sciences, Mahatma Gandhi University, February, 2005-March, 2006.
 6. Lecturer (Guest), School of Behavioural Sciences, Mahatma Gandhi University, Kerala, India, September, 2010-February, 2011.
 7. Lecturer (External guest), State Institute of Medical Education and Technology (SI-MET), 2009-2012.
 8. Lecturer, (External guest), Regional centres of School of Medical Education, Mahatma Gandhi University, Kottayam, Kerala, 2006-2012.
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ADMINISTRATIVE EXPERIENCE

1. Head-In Charge, Department of Applied Psychology, Central University of Tamil Nadu, Thiruvarur, Tamil Nadu, India, from 19th July 2018 to 29th July 2022.
 2. Nodal Officer, Community College, Central University of Tamil Nadu, Thiruvarur, Tamil Nadu, India, from 27th February 2018-15th October 2018.
 3. Coordinator, Certificate Programme in Guidance and Counselling Community College, Central University of Tamil Nadu, since 2018.
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COUNSELLING EXPERIENCE

1. Counsellor, Central University of Tamil Nadu, Thiruvarur, Tamil Nadu, India, since 19th July 2018.
 2. Nationally recognised Supportive Supervisor of HIV/AIDS Counsellors, since 2011.
 3. Nationally recognised Master Trainer of HIV/AIDS Counselling, since 2010.
 4. Counselling Psychologist, Agape Mental Health and Research Institute, Pathanamthitta, Kerala, 2006-2007.
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POSITIONS AND RESPONSIBILITIES HELD

Central University of Tamil Nadu

1. Member, School Board, School of Behavioural sciences, Central University of Tamil Nadu, Thiruvarur, Tamil Nadu, India, *since 2023*.
 2. Head-In Charge, Department of Applied Psychology, Central University of Tamil Nadu, Thiruvarur, Tamil Nadu, India, *19th July 2018 to 29th July 2022*.
 3. Nodal Officer, Community College, Central University of Tamil Nadu, Thiruvarur, Tamil Nadu, India, *from 27th February 2018 to 15th October 2018*.
 4. Counsellor, Central University of Tamil Nadu, Thiruvarur, Tamil Nadu, India, *since 19th July 2018*.
 5. Coordinator, Certificate Programme in Guidance and Counselling Community College, Central University of Tamil Nadu.
 6. Member, Board of Management, Community College, Central University of Tamil Nadu.
 7. Member, Board of Studies, Certificate Programme in Guidance and Counselling, Community College, Central University of Tamil Nadu.
 8. Chairman, Board of Studies, Department of Applied Psychology, Central University of Tamil Nadu (*July 2018-July 2022*).
 9. Member, Board of Studies, Department of Applied Psychology, Central University of Tamil Nadu.
 10. Member, Curriculum Development Committee, Department of Applied Psychology, School of Behavioural Sciences, Central University of Tamil Nadu (*October 2017 to July 2018*).
 11. Member, Editorial Committee for the preparation of the **Annual Report** and Accounts for the **years 2017-18, 2018-19, 2019-20 and 2020-21**, Central University of Tamil Nadu, Thiruvarur, Tamil Nadu, India.
 12. Member, Decennial publications, CUTN, *2019*.
 13. Member, Committee for preparation and printing of convocation literature/brochure and invitation cards, Central University of Tamil Nadu, Thiruvarur, Tamil Nadu, India.
 14. Faculty Council Member, Department of Applied Psychology, School of Behavioural Sciences, Central University of Tamil Nadu.
 15. Member, Committee to frame vision, mission and strategic action plan of CUTN, *2017*.
 16. Member, Committee for preparation of documents for NIRF, *2017*.
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Central University of Karnataka

1. Member, Board of studies, Dept. of Psychology, School of Social and Behavioural Sciences, Central University of Karnataka, 2013-2016.
2. Member, School Board, School of Social and Behavioural Sciences, Central University of Karnataka, 2013-2016.
3. Coordinator of MOOCS, Dept. of Psychology, School of Social and Behavioural Sciences, Central University of Karnataka, 2015-2016.
4. Coordinator of curriculum development and syllabus re-structuring, Dept. of Psychology, School of Social and Behavioural Sciences, Central University of Karnataka, 2012-2015.
5. Developed Assignment and Seminar evaluation forms for the U.G. and P.G. programmes of Dept. of Psychology, C U Karnataka.
6. Contributed to the development of peer evaluation form and self-evaluation form for teachers, and the form for evaluation of teachers by the students.
7. Co-ordinator of the end semester examinations, Dept. of Psychology, Central University of Karnataka.
8. Co-ordinator of the Internal Quality Assurance Cell of the Dept. of Psychology, Central University of Karnataka 2012-2016.

Others

9. Member, Board of studies, Clinical Psychology (P.G), University of Calicut.
 10. Member, Board of studies, St. Joseph's College, Devagiri, University of Calicut, Kerala.
 11. General secretary, Kerala Manasasthra Parishath (2010- 2016).
 12. Chairman, Psychology Association, Annamalai University, (2008-09).
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PROJECTS

1. **Principal Investigator**, ICSSR-IMPRESS project titled "Gatekeepers' Attitude, Skills and Knowledge about Psychosocial care for the Disaster Affected", (9 Lakhs) - 2019-'21.
 2. **Co-PI**, ICSSR major research project titled "Depression among Adolescents: Development of a Risk Assessment Tool Using Multi-Disciplinary, Cross-cultural approach" (5.25 Lakhs) - 2020- '22.
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RESEARCH SUPERVISION

1. Ph.D. ongoing- 4
 2. P.G. Dissertation: Completed- 42
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PUBLICATIONS

1. **Mamman, J.C.** (2023). Kudumbashree members' Attitude, Skills and Knowledge of the Psychosocial Care of the Disaster Affected. *Journal of Disaster & Development*. (Accepted).
2. Santy, T., **Mamman, J.C.**, & Bhat, L. D. (2023). The Need for Mental Health Promotion Among Pregnant Women: A Narrative Review to Strengthen the Agenda. *Women's Reproductive Health*, 1-20.
3. Sona, V., & **Mamman, J.C.** (2022). Suicidal Ideation and Forgiveness among Emerging Adults. *The International Journal of Indian Psychology*, 10(3), 1666-1677
4. **Mamman, J. C.**, & Anagha K. T. (2022). Personality and Mental Health During COVID 19. In Panda, P.K., Padmanaban, S., Subudhi, C. & Adom, D. (Eds), *COVID 19 and its Impact on Health, Economy and Society*. New Delhi: Neelkamal.
5. Vishnupriya, S. & **Mamman, J.C.** (2022). Suicidal Ideation and Perceived Social Support among Police Personnel. *The Indian Police Journal*. (Accepted).
6. Anita S. J., **Mamman, J. C.**, & Sainaba, P. (2021). Substance Use and Suicidal Ideation among Adolescents in Kerala. *Journal of Indian Association for Child and Adolescent Mental Health*, 17(4), 166-181.
7. **Mamman, J.C.**, Anita, S. J., & Sainaba, P. (2020). Substance Use and Aggression among Emerging Adults. *Indian Journal of Psychology Special issue*, 148-154. UGC Care listed.
8. **Mamman, J. C.**, Sainaba, P., & Anita, S. J. (2020). Connectedness to Nature and Well-being among College Students. *Indian Journal of Psychology*, Special issue, 155-160. UGC Care listed.
9. Sandeep, B. H., Mamman, J. C., & Fincy, M.P. (2020). Emotional Intelligence and Suicidal Ideation among Pre-University Students. *Indian Journal of Psychology*, Special issue, 116-122. UGC Care listed.
10. Naima, N. & **Mamman, J. C.** (2019). Resilience and Perceived Social Support among the Aspirants of Competitive Examinations. *Indian Journal of Psychological Science*, 11(2), 50-55. Web of Science.
11. Sneha, S & **Mamman, J.C.** (2019). Attachment Style and Internet Addiction among College Students. *Indian Journal of Psychological Science*, 11(2), 56-61. Web of Science.
12. **Mamman, J.C.**, Kammaath, S.P. & Fincy, M.P. (2019). Yoga and Emotional Intelligence. *IAHRW International Journal of Social Sciences*, 7(6), 1185-1189. ISSN 2347-3797. UGC Journal No. 41948
13. **Mamman, J.C.** & Savitha, K.V. (2019). Marital adjustment and Quality of Life among Nurses. *International Journal of Advanced Scientific Research and Management*, 4(5), 297-301. ISSN 2455-6378. UGC Journal No. 63502.

14. **Mamman, J.C. & Haritha, P. H. (2019).** Suicidal Ideation and coping Strategies among Engineering students. *International Journal for Research in Engineering Application and Management*, 5(2), 511-516. ISSN: 2454-9150. UGC Journal No. 64077.
 15. **Mamman, J.C., Vithya, V., Neethu, P.S., & Paneer, S. (Eds.). (2019).** *Health and well-being in a multi sectoral perspective: Recent trends challenges and opportunities.* New Delhi: Bloomsbury.
 16. **Mamman, J.C., & George, S. (2019).** Perceived parental attachment and identity processing style among adolescents. In Mamman, J.C, Vithya, V., Neethu, P.S., & Paneer, S. (Eds.), *Health and well-being in a multi sectoral perspective: Recent trends challenges and opportunities.* New Delhi: Bloomsbury.
 17. **Mamman, J.C., Vithya, V., Neethu, P.S., & Paneer, S. (2019).** Relevance of multi sectoral perspective in health and well-being. In Mamman, J.C, Vithya, V., Neethu, P.S., & Paneer, S. (Eds.), *Health and well-being in a multi sectoral perspective: Recent trends challenges and opportunities.* New Delhi: Bloomsbury.
 18. **Mamman, J.C. & Anitta, E. (2018).** Self-Compassion and Emotional Intelligence of Nursing Students. *IAHRW International Journal of Social Science Review*, 9(13), 1465-1468. ISSN- 2347-3797. UGC Journal No. 41948.
 19. **Mamman, J.C. & Fincy, M. P. (2018).** Body Image and Sexual Quality of Life among Diabetic and Non-Diabetic Married Women. *Asian Journal of Psychology & Education*, 51(7-8). ISSN-0971-2909. UGC Journal No. 1258
 20. **Mamman, J.C., Buella, S., & Rajalakshmi, V.R. (2017).** Work motivation and Organisational commitment of college teachers. *Splint International Journal of Professionals*, 1(4), 67-73.
 21. **Mamman, J.C., & Padmam, M.S. R. (2015).** Marital Adjustment and Conflict Resolution among IT Professionals. *Splint International Journal of Professionals*, 2(9), 32-38.
 22. Buella, S., & **Mamman, J.C. (2015).** Relationship between Personality and Teacher Effectiveness of High School Teachers. *The International Journal of Indian Psychology*, 3(1), 57-70.
 23. **Mamman, J.C. (2014).** Occupational stress among Nationalised and Non-Nationalised bank employees. *Galaxy International Interdisciplinary Research Journal*, 2(8), 127-134.
 24. **Mamman, J.C. & Asgar, A.P. (2010).** Emotional Intelligence and Occupational Stress of University Employees. *Praachi Journal of Psycho-Cultural Dimensions*, 26, 46-52.
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PAPER PRESENTATIONS, INVITED TALKS & RESOURCE PERSON (Selected)

1. Presented a paper "Role of School Teachers as Gatekeepers to Provide Psychosocial care during Disasters" at the 12th InSPA International Conference, organised by Pondicherry University and Indian School Psychology Association in Collaboration with Samagra Shiksha, Government of Puducherry, Puducherry Technological University and Tamil Nadu Teachers Education University on 4th October 2022.
2. Presented a paper "Social Networking Addiction and Aggression among Higher Secondary Students" at the 12th InSPA International Conference, organised by Pondicherry University and Indian School Psychology Association in Collaboration with Samagra Shiksha, Government of Puducherry, Puducherry Technological University and Tamil Nadu Teachers Education University on 3rd October 2022.
3. Presented a paper "Addressing the Mental Health Crisis: Opportunities Unfolded" at the 12th InSPA International Conference, organised by Pondicherry University and Indian School Psychology Association in Collaboration with Samagra Shiksha, Government of Puducherry, Puducherry Technological University and Tamil Nadu Teachers Education University on 3rd October 2022.
4. Delivered an invited talk on "Re-discovering Yourself", in the event organized by the National Foundation of Communal Harmony and the Department of Social Work on 21st September 2022.
5. Presented a paper "Suicidal Behaviour among School Children in Kerala" in the National Conference on Mental health and Well Being, organised by the Dept. of Psychology, PSG College of Arts and Science, on 26th May 2022.
6. Delivered an invited lecture on "Family Awareness", as part of International Women's Day celebration conducted by the Women and Child Development Office, Palakkad, on 11th February 2022.
7. Delivered an invited lecture on "Behavioural therapy", as part of International Women's Day celebration conducted by the District Women and Child Development Office, Malappuram, on 8th February 2022.
8. Presented a paper "Enhancing Pregnant Population's Mental Health: Role of pregnancy experience on their Psychological Well-being" in the 57th National and 26th International Conference of Indian Academy of Applied Psychology, organised by Dept. of Clinical Psychology, and Dept. of Psychology, Mizoram University, on 29th January 2022.
9. Presented a paper "Connectedness to Nature, Values and Well-being among College students" in the 57th National and 26th International Conference of Indian Academy of Applied Psychology, organised by Dept. of Clinical

Psychology, and Dept. of Psychology, Mizoram University, on 28th January 2022.

10. Resource Person in the Faculty Induction Programme on “Counselling” organized by HRDC, Kannur University on 25th January 2022.
11. Presented a paper “Major Stressors and Coping Strategies of Light and Sound workers in Kerala during COVID-19: An explorative study” in the International Virtual Conference on ‘Post COVID-19: Enhancing Resilience and wellbeing in Health and Education Sectors,’ organised by Department of Psychology, Central University of Karnataka, on 24th January 2022.
12. Resource Person in the Faculty Induction Programme on “Counselling” organized by HRDC, Kannur University on 2nd December 2021.
13. Resource Person in the Faculty Induction Programme on “Counselling skills and Processes” organized by HRDC, Kannur University on 10th February 2021.
14. Resource Person in the Faculty Induction Programme on “Work-life Balance” organized by HRDC, Kannur University on 9th February 2021.
15. Resource Person in the Faculty Induction Programme on “Counselling skills and Processes” organized by HRDC, Kannur University on 7th January 2021.
16. Resource Person in the Faculty Induction Programme on “Work-life Balance” organized by HRDC, Kannur University on 6th January 2021.
17. Resource Person in the Faculty Induction Programme on “Counselling” organized by HRDC, Kannur University on 16th September 2021.
18. Resource Person in the Faculty Induction Programme on “Work-life Balance” organized by HRDC, Kannur University on 26th October 2021.
19. Resource Person for the workshop on “Basics of Psychological Counselling” organized by Dept. of Social Work, CUTN on 25th February 2021.
20. Resource Person in the Faculty Development Programme on “Evidence based practices in counselling: Implications for Counselling Practice, Preparation, and Professionalism” organized by STRIDE- M.G. University Kottayam on 12th February 2021.
21. Resource Person in the ORC-Capacity Building Programme, organized by District Child Protection Unit, Palakkad on 6th September 2021; took a session on ‘Suicide Prevention’.
22. Resource Person in the Advocacy and Awareness Campaign, organized by District Child Protection Unit, Palakkad on 21st September 2021; took a session on ‘Adolescent Counselling’.
23. Delivered an invited lecture on “Re-discovering Yourself”, as part of INSPIRE lecture series, organized by St. Aloysius College, Edathua on 14th September 2021.
24. Resource Person in the national webinar organized by Mar Dionysius College, Kerala on 23rd September 2021; took a session on ‘Qualitative Research’.

25. Resource person for the Happiness workshops organized by Centre for Happiness, CUTN, on 7th July 2021; conducted a session on 'Being kind to yourself'.
26. Delivered an invited lecture on "Accessibility and Availability of Mental Health Services to the Marginalised", as part of the lecture series on 'Psychology in Kerala: Practice, Challenges and Scope', on 10th October 2020.
27. Presented a paper "Substance Use and Aggression among Emerging Adults" in the 10th InSPA International Conference, organised by Indian School Psychology Association on 6th November 2020.
28. Delivered an invited lecture on "Psychological Vulnerability and Mental Health", as part of the Suicide Prevention Awareness Programme, on 12th September 2020.
29. Resource person for a One Week Online National Level Faculty Development Programme on 'Effective Teaching Strategies: Post Covid-19', organized by V. M. K. S. R. Vastrad Arts, Science and V. S. Bellihal Commerce College, Hungund. Conducted a session on 'Behaviour Management', on 18th June 2020.
30. Presented a paper in the National Conference on "Public-Private- Community Partnership in Prevention and Management of Drug Abuse" organized by the Dept. of Social Work, Central University of Kerala in Association with National Institute of Social Defence, New Delhi, on 8th January 2019.
31. Presented a paper in the National Conference on "Dynamics of Indian Society: A Psychological Exploration" organized by the Dept. of Psychology, Govt. Arts and Science College, Nadapuram, Kerala, on 10th January 2019.
32. Presented a paper "Emotional Intelligence and Suicidal Ideation Among Pre-University Students" in the XXIX Annual Convention of National Academy of Psychology, (NAOP), India and International Conference on Making Psychology Deliverable to the Society, organised by Dept. of Psychology, Pondicherry University, on 21st December 2019.
33. Delivered an invited lecture on "Enhancing Personal Effectiveness", organized by Dept. of English, CUTN, on 23rd August 2019.
34. Session on 'Disaster Management' for Department of Psychology, Annamalai University, on 28th August 2019.
35. Resource Person in the 'Capacity Building Training on Personality Development' for NSS unit, Central University of Tamil Nadu conducted on 27th February 2019.
36. Presented a paper on "Recent Supreme Court Verdicts- Psychological Impact" as part of a national seminar on 'Dynamics of Indian Society: A Psychological Exploration', organized by Govt. Arts and Science College, Nadapuram, Kerala, on 10th January 2019.

37. Presented a paper in the "5th International and 7th Indian Psychological Science Congress" organized by the National Association of Psychological Science and Punjab University, on 27th October 2018.
 38. Presented a paper in the National Seminar on "Impact of Smart Technology in Teacher Education" organized by KSR College of Education on 21st April 2018.
 39. Chaired a session in the National Conference on "Modernization and Sustainable Social Policy- Challenges, prospects and Strategies" organized by the Department of Social Work, Central University of Tamil Nadu from 14th to 15th February, 2018.
 40. Panel member, consultative workshop on "Road Traffic Injury and Public Health Importance" organized by the Department of Social Work, Central University of Tamil Nadu on 1st and 2nd February, 2018.
 41. Presented a paper in the "First South East Asia Regional Conference of Psychology (RCP-2017), Human Well-being and Sustainable Development" organized by University of Social Sciences and Humanities, Vietnamese National University, Hanoi, Vietnam from 28th November 2017 to 1st December 2017.
 42. Chaired a session in the "First South East Asia Regional Conference of Psychology (RCP-2017), Human Well-being and Sustainable Development" organized by University of Social Sciences and humanities, Vietnamese National University, Hanoi, Vietnam from 28th November 2017 to 1st December 2017.
 43. Chaired a session in the National Seminar on "Humanizing Clinical Psychology: Trends and Challenges" organized by Department of Psychology, Sree Sankaracharya University of Sanskrit from 27th to 29th July 2017.
 44. Presented a paper in the National Seminar on "Humanizing Clinical Psychology: Trends and Challenges" organized by Department of Psychology, Sree Sankaracharya University of Sanskrit from 27th to 29th July 2017.
 45. Delivered an invited talk on "Skill development through the make in India" in a one-day workshop organized by Smt. C.B. Patil Arts and Commerce Degree College, Chincholi, Kalaburagi, Karnataka on 6th April 2017.
 46. Presented a paper on "Recent trends in Counselling" in the National Seminar on Innovations and Challenges in Counselling organized by the Department of Applied Psychology, University of Kerala in Association with Kerala Mana Sastra Parishad from 16th March 2017 to 18th March 2017.
 47. Resource Person in the Capacity Building training Programme on "Drug Abuse Prevention for NSS volunteers" organized by the Department of Social Work, Central University of Karnataka in collaboration with National Institute of Social Defence, New Delhi.
 48. Resource Person in the Capacity Building training Programme on "Drug Abuse Prevention for Social Work students" organized by the Department of Social
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Work, Central University of Karnataka in collaboration with National Institute of Social Defence, New Delhi.

49. Resource Person in CUK Research Methodology workshop.
 50. Invited lecture on “Character Building Through Positive Thinking” in the ‘National Seminar on Personality Development and Stress Management for Teachers’ organized by PPG College of Education, Coimbatore, Tamil Nadu, on 7th and 8th February 2014.
 51. Presented a paper in the “28th International Congress of Applied Psychology-ICAP 2014” organized by International Association of Applied Psychology from 8th to 13th July 2014 in Paris, France.
 52. Presented a paper in the international seminar on “Emerging Trends in Disability Studies and Management” organized by Inter University Centre for Disability Studies, Mahatma Gandhi University, Kottayam, Kerala on 8th July 2013.
 53. Presented a paper in the National workshop on “Disability Studies and Inclusive Education: Implications for Policy Perspectives in India” organized by Social Action and Research Foundation and Gold Field College of Education, Bangarpet, Karnataka on 26th and 27th March 2011.
 54. Presented a paper in the 5th International Conference of Somatic Ink Blot Society, Conducted by Somatic Ink Blot Society of India and School of Behavioural Sciences, Mahatma Gandhi University, Kottayam, Kerala from 26-11-2004 to 28-11-2004.
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MEMBERSHIP IN PROFESSIONAL BODIES

1. Associate Member, American Psychological Association (APA)
 2. Member, Global Organization for Humanitarian Work Psychology
 3. Member, National Academy of Psychology (NAOP), India
 4. Member, Indian School Psychology Association (InSPA)
 5. Member, National Positive Psychology Association, India
 6. Member, Kerala Mana Sasthra Parishath (KMP)
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PARTICIPATION IN WORKSHOPS & TRAINING (Selected)

1. Seven days FDP on Online Tools for Research and Analysis organized by Ramanujan College, University of Delhi, from 08-06-2021 to 14-06-2021
 2. Seven Days Online Faculty Development Programme on MOODLE organized by MOOCs-ICT@CUTN from 21-29 September 2020.
 3. 14 days Refresher Course on MOOCs/OERs at UGC- HRDC, MANUU from 10th October 2019 to 23rd October 2019.
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4. A one-day workshop on SWAYAM@CUTN organized by the MOOCs & ICT cell of the Central University of Tamil Nadu on 14th February 2018.
 5. Workshop on “Massive Open Online Courses Preparation” organized by Central University of Karnataka from 22nd to 23rd January, 2018.
 6. Faculty Development Programme on “Grand proposal preparation, manuscript preparation and peer review” organized by the Department of Applied Psychology, CUTN on 20th September 2017.
 7. 3-week Refresher Course on “Soft Skills for Professional Excellence” organised by UGC-HRDC, Jawaharlal Nehru Technological University Hyderabad from 30-11-2015 to 19-12-2015.
 8. “Three Day Workshop on Computer Applications in Experiment Building for Psychology” organized by the Department of Psychology, Central University of Karnataka from 18th to 20th March 2015.
 9. Four-week orientation programme organised by UGC-Academic Staff College, Kannur University, Kannur, from 20-11-2013 to 17-12-2013.
 10. “Eleven Day Workshop and Training on Neurofeedback and Biofeedback” at IIT Bombay from 7th to 17th September 2013.
 11. 3-day ToT training Programme on “Psychosocial care in Disaster Management” organised by UNDP and NIMHANS, from 16th August 2012 to 18th August 2012.
 12. 4-day “Supportive Supervision Training Workshop” organized by GFATM-7 Project, School of Social and Behavioural Sciences, Mahatma Gandhi University from 21th to 24th March 2011 at the Mahatma Gandhi University, Kerala.
 13. 4-day “TOT workshop on Mental Health aspects of HIV/AIDS” held from 13th to 16th June 2011 at the Department of Psychiatric Social Work, NIMHANS in collaboration with Saksham, TISS, GFATM.
 14. 5-day “Refresher training” on HIV/AIDS Counselling for Master trainers organized by Bangalore University from 9th to 13th March 2010.
 15. Three-week training programme on research methods conducted by V.V. Giri National Labour Institute, New Delhi
 16. 2-day workshop on Current Issues in Practicing Psychology, organized by the Department of Psychology, Annamalai University from 20th and 21st October 2008.
 17. 3-day workshop on Psychodiagnostics and Psychotherapeutics organized by the Department of Psychology, Annamalai University from 29th February to 1st March 2008.
 18. 10-day Skill Training Camp for Psychologists organised by the Department of Psychology, Calicut University and Kerala Manasasthra Parishath, from 15-11-2004 to 21 –11-2004.
 19. Two-week internship training at Raksha, Kerala from 1st-14th May 2004.
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