



C. DURAI

PROFESSOR

Department of Physical Education and Sports,
Central University of Tamil Nadu,
Thiruvavur – 610005
Tamil Nadu. India.

PROFILE

ACADEMIC EXCELLENCE

Degree	Subject	University/Institution	Year	Class/Grade
Ph.D	Physical Education	Manonmaniam Sundaranar University, TN	2012	Commended
M.P.Ed	Physical Education	Jiwaji University, Gwalior, M.P	2002	First class
M.Sc	Psychology	Manonmaniam Sundaranar University	2015	First class
B.P.Ed	Physical Education	LNCPE, Kerala University	1999	First class
HSC	Crop Production	State Board, Tamil Nadu	1996	First class
SSLC	--	State Board, Tamil Nadu	1994	--
NET	Physical Education	UGC	2002	--
	Cognitive Psychology	NPTEL	2019	--

EXPERIENCE IN TEACHING AND RESEARCH – 18 YEARS (PG)

Designation	Institution	Joining Date	Leaving Date	Experience
Assistant Professor	Manonmaniam Sundaranar University, Tirunelveli	03.09.2007	05.03.2026	18y 06m

RESEARCH GUIDANCE & ADJUDICATION EXPERIENCE

Research Guide	Ph.D. Awarded 10, M.Phil. – Awarded 17, PG – 103
Examiner	Ph.D. & M.Phil., P.G. & U.G., Courses in Physical Education. (Universities in Tamil Nadu, Kerala and Puducherry State)

AREAS OF INTEREST

Theory	Sports Psychology, Measurement and Evaluation & Exercise Therapy Management
Practical	Gymnastics and Hockey

MEMBER BOARD OF STUDIES

UG (B.Sc. Physical Education)	Affiliated college, MS University
PG (B.P.Ed, M.P. Ed Physical Education)	

COUNTRIES VISITED:- Singapore Malaysia Thailand Dubai

Presented Paper in the Conference/Seminar and visited sports infrastructure facilities at Universities and National Stadiums in each Country.

PUBLICATIONS & PATENT			
Book	Authored – 01		
Chapter in Book	07		
Scopus	05		
UGC Care List	24 (Articles published in 09 different UGC Listed Journals)		
Web of Science	03		
Referred Journal	26 (Articles published in 15 different Refereed Journals)		
Conference Proceedings	18		
Patent	01 (2024)		
PRESENTATIONS AND PARTICIPATION			
Paper Presentation in Conferences – (International - 26 & National – 56), Participation in Webinar – 29, Workshop – 32, & FDP - 15			
RESOURCE PERSON			
Resource Person - 35	Workshops, Webinar, Invited Lectures, Keynote Address, Chairperson for Seminary, Panel Discussion		
FUND MOBILIZATION FOR SPORTS INFRASTRUCTURE AND TOURNAMENTS			
Project Coordinator	UGC & RUSA	Rubberized Synthetic Flooring Indoor Stadium	Rs. 50 Lakhs
	Indian Bank	All India Inter-University Weightlifting Competition for Women (2019-20)	Rs. 50,000/-
	SDAT	Tamil Nadu State level Inter-University Weightlifting Competition for Men & Women (2019-20)	Rs. 50,000/-
Life Membership			
<ul style="list-style-type: none"> * Life Member, Sports Psychology Association of India. * Life Member, International Federation of Physical Education, Fitness and Sports Science Associations from the year 2018. * Life Member, Indian Federation of Computer Science in Sports from the year 2017. 			
Professional Course			
<ul style="list-style-type: none"> ❖ Level 1 Anthropometrist - The International Society for the Advancement of Kinanthropometry held at UCC Aluva, Kerala from 8-10 June 2025. ❖ Nurturing Future Leadership Program under the Aegis of Malaviya Mission Teacher Program (MMTTP) from November 10-14, 2025. 			
SPECIAL CREDITS			
<ul style="list-style-type: none"> ➤ Represented Jiwaji University in Gymnastics at the All-India Inter-University Championship (2002). ➤ Represented Kerala University in Gymnastics at the All-India Inter-University Championship (1996-99). ➤ Represented Kerala University in Hockey at the South zone Inter-University Championship (1999). ➤ Member, Organising Committee seminar on “Indian Independence: Contribution of Tamil Nadu in View of Gandhi” in the Dept. of Physical Education and Sports, M.S. University, Tirunelveli, on 22 March 2022. ➤ Served as a Member of the Inspection Commission for affiliated colleges, DD & CE Centres of M.S. University. 			
AWARDS			
<ul style="list-style-type: none"> ➤ Anbu Aasiriyar Viruthu Award received from NBS Charity World on 14.08.2025. ➤ Kavingar Kannadasan Memorial International Award In recognition of contribution towards educational 			

upliftment, students welfare, and extracurricular activities by IDM International University 24 Sep 2023

- E.VE.RA. Periyar Award In appreciating Social justice, equality, fraternity, linguistics, education award received from received from Thiruvalluvar College, Papanasam, in association with World Tamil Parliament, Dubai on 15 May 2021
- Mother Theresa International Award In appreciating Social justice, equality, fraternity, linguistics, education award received from received from Thiruvalluvar College, Papanasam, in association with World Tamil Parliament, Dubai on 25 November 2020
- Dr.Radhakrishnan Award For the recognition of achievement in the field of Physical Education, received from World Tamil Research Centre, Taramani, held at Chennai, TN 8th March 2020
- Award of Excellence for the Promotion of Research in Physical Education and Sports Sciences in Republic of India by Asia Africa Development Council, Kanniyakumari, TN 2nd & 3rd August, 2019.

Additional Responsibilities

- Member – NAAC Criterion committee
- Member – Purchase Committee
- Member -Technical Evaluation committee
- Member -Annual Stock Verification Committee
- Member -Annual Inspection Commission for Affiliation
- Convener – Convocation committee
- Liaison Officer – IQAC,MSU
- Mentor – NPTEL online course
- Coordinator – Student Induction Programme
- Coordinator – Women’s Day Sports competitions
- Organizing Secretary – Inter-collegiate Kabaddi(Men) Tournament 2021-22
- Organizing Secretary – Annual Athletic Meet 2022-23
- Organizing Secretary – Inter-collegiate Weightlifting (Men & Women) Tournament 2023-24
- Event Organizer – 75th Azadi Ka Amrit Mahotsav celebration

ADMINISTRATIVE RESPONSIBILITIES (HEAD)

- Chairman – BoS, Physical Education, MS University, Tamil Nadu (2018-2021) (2025-2026)
- Chairman – Yoga Board, DD&CE, MS University (2020-21)
- Convener - Workshop on Procedure of Evaluation and Scoring in Artistic Gymnastics (2018-19)
- Director, Malaviya Mission Teacher training programme (2025-2026)
- Member, Academic Council (Sep 2015-July 2018), MSU
- Organizing Secretary- International Yoga Day & National Sports Day (2018-2021)
- Organizing Secretary – National Workshop on Video Analysis and Injury Prevention in Athletics (2018-19)
- Organizing Secretary- Symposium on Futuristic of Physical Education in New Education Policy (2019-20)
- Organizing Secretary- Sports Entrepreneurship: Challenges and Directions” (2020- 2021)
- Organizing Secretary- one-day symposium on “Sports Business: Industries, Marketing & Fitness for a Healthy Lifestyle” (2022-2023).

ADMINISTRATIVE RESPONSIBILITIES (DIRECTOR)

- ❖ Awarding Grace Marks to Students who Excel in Sports (2018-19)
- ❖ Constructed - Rubber Sports Flooring for Multi-Sport Courts and Gymnasium (2018-19)
- ❖ Convener Mano Day Inter-Department Sports Competition (2018-2020)
- ❖ Convener MS University Annual Athletic Meet & Inter-collegiate Tournament (2018-2020)
- ❖ Convener MS University Staff Tournaments (2018-2020)
- ❖ Director, Organizing Secretary All India Inter-University women weightlifting championship 2019-20
- ❖ Director, Organizing Secretary Tamilnadu state level inter university Men & Women weightlifting championship 2019-20